



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



Request for Proposals (RFP)

State School Mental Health Technical Assistance Opportunity

Project Description

The national Center for School Mental Health at University of Maryland School of Medicine (CSMH) invites State Education Agencies (SEAs) or a team of school districts within a state, to apply for a targeted school mental health technical assistance opportunity to improve their capacity to address student social and emotional needs and school climate. **Participating state teams will receive: 1) funding to attend the 23rd Annual Conference on Advancing School Mental Health and; 2) individualized technical assistance with school mental health expert faculty through August 2018.**

Why Apply?

Many states are looking for ways to support student social and emotional needs and school climate at the state, district and local levels. This opportunity provides free support to state teams to promote school mental health in their state through:

- funding for two state team representatives to attend the premier national school mental health conference, attended by over 1,200 stakeholders across the nation;
- free, individualized technical assistance on school mental health quality and sustainability;
- guidance on how to use The School Health Performance and Evaluation System (The SHAPE System, <http://theshapesystem.com/>), a free, interactive system designed to improve school mental health accountability, excellence, and sustainability. The SHAPE System houses the National School Mental Health Census and National School Mental Health Quality and Sustainability Performance Measures, as well as an interactive, online workspace for schools and districts to engage in strategic team planning to improve their school mental health quality and sustainability. Hundreds of schools and districts across the United States are currently using The SHAPE System to improve school mental health in their communities (see more detailed information about The SHAPE System in Appendix A).

Benefits of Participation

- State teams will receive funding for two team members' conference registration fee and hotel costs to attend the 23rd Annual Conference on Advancing School Mental Health in Las Vegas, NV. This conference is the premier school mental health conference attended each year by over 1,200 stakeholders dedicated to advancing school mental health including educators, administrators, clinicians, youth and family members, researchers, primary care providers, advocates, and other youth-serving professionals.
- State teams will also participate in a specialized state SHAPE System training and dissemination session at the conference and receive individualized technical assistance and planning to increase district and school use of The SHAPE System.
- State teams will receive individualized, targeted training and technical assistance with school mental health expert faculty through August 2018 to support:
 - District and school use of The SHAPE System;
 - Maximization of usage of all aspects of The SHAPE System including;



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



- District and school level review of current efforts to support multi-tiered systems of student behavioral health;
- District and school level strategic planning to improve multi-tiered systems of student behavioral health support quality;
- District and school level strategic planning to expand and sustain multi-tiered systems of student behavioral health support.
- State level use of The SHAPE System to streamline evaluation and review of multi-tiered systems of student behavioral health support quality and sustainability across the state.
- State teams will receive ongoing professional development, expert training, coaching and technical assistance by CSMH faculty and staff, expert faculty representing various content areas in and related to school mental health, and peer state teams including:
 - Free access to national school mental health experts until August 2018
 - Orientation webinar on The SHAPE System
 - 2 group virtual learning sessions/consultation calls
 - Cross-state team listserv to facilitate cross-state communication and resource sharing

Expectations of Participation

- Participate in The SHAPE System orientation webinar in February 2018.
- Attend the 23rd Annual Conference on Advancing School Mental Health in Las Vegas, NV (2 state team members).
- Achieve targeted number* of new districts and schools in the state that complete the National School Mental Health Census and the National School Mental Health Quality OR Sustainability Performance Measure (e.g. achieve SHAPE Silver Star status in The SHAPE System) by July 1, 2018.
- Participate in 2 virtual learning sessions/consultation calls with CSMH faculty for consultation and technical assistance.

* Number of new districts and schools to be determined by each state.

Eligibility

- State Education Agencies (SEAs) and/or teams of school districts within a state are eligible to apply.
- State teams must identify and obtain commitments from at least two* state and/or district leaders that will participate in the initiative.
 - Example state team members could include State or District Superintendent or Assistant Superintendents, State or District Director of Student Support Services, State or District Director of Positive Behavior Interventions and Supports (PBIS), State or District Director of Mental Health, State or District Director of Community-Partnered Behavioral Health or any other comparable positions.

*Additional state and district leaders are encouraged to participate but funding for the 23rd Annual Conference on Advancing School Mental Health is only available for two team members.



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



RFP Q&A Webinar

The Center for School Mental Health hosted a webinar for potential applicants to the State School Mental Health Technical Assistance Request for Proposals on **Tuesday, December 12, 2017** to review the RFP and answer questions.

This webinar was recorded and is now archived online:

<https://csmh.adobeconnect.com/pw3r7io9z6fv/>

The webinar recording provides an overview of the RFP and answer participants' questions. Participation in the RFP Q&A webinar is not necessary to apply.

If you have questions, please send a detailed email with your question(s) and contact information (name, organization, telephone number and email address) to the Center for School Mental Health at csmh@som.umaryland.edu.

This initiative is part of the School Health Services National Quality Initiative (NQI), funded by the Health Resources and Services Administration's Maternal and Child Health Bureau.



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



State School Mental Health Technical Assistance Opportunity APPLICATION

Review Criteria	Application (60 points)
<p>The capacity and commitment of the state team to coordinate and advance state-wide adoption of the National School Mental Health Census and Performance Measures (20 pts)</p>	<p>Capacity and Commitment</p> <ol style="list-style-type: none"> 1. Provide a one-page letter of intent from the State Team Leader describing: <ul style="list-style-type: none"> • The state team’s application to the State School Mental Health Technical Assistance Opportunity. • The state’s commitment to advancing school mental health quality and sustainability. • The state’s commitment to promoting completion of the National School Mental Health Census and Quality and Sustainability Performance Measures by districts and schools within the state. • The knowledge and skillset of the Team Leader and Team Members. <p>Provide resume for Team Leader</p>
<p>Significant but attainable target number of districts that will complete the National School Mental Health Census and Performance Measures and clearly delineated opportunities, strategies and systems to support these target numbers. (20 pts per question)</p>	<p>Essay Questions (Each response should not exceed 300 words)</p> <ol style="list-style-type: none"> 1. How do you see participation in the State School Mental Health Technical Assistance Opportunity helping to advance school mental health in your state and local districts? 2. A primary goal of the State School Mental Health Technical Assistance Opportunity is to increase the number of new school districts that complete the National School Mental Health Census and Performance Measures. Please indicate the number of new districts that will complete the National School Mental Health Census and the National School Mental Health Quality OR Sustainability Performance Measure (SHAPE Silver Star status) by July 1, 2018.* Please include what systems you have in place and/or what strategies you will implement to ensure district adoption. <p>*Please note that funding for conference registration fee and hotel costs to attend the 23rd Annual Conference on Advancing School Mental Health in Las Vegas, NV is contingent upon achievement of the July 1st goal and thus we encourage state teams to be thoughtful around proposing completion rates that can be feasibly obtained.</p>



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



Application Materials to Complete and Submit Electronically:

- 1) Team Member Information
- 2) Letter of Intent from Team Leader
- 3) Resume from Team Leader
- 4) Essay Questions
- 5) Statements of Commitment from Each Team Member

The application must be saved as a pdf file and electronically submitted to csmh@som.umaryland.edu no later than **5:00 PM ET on January 22, 2018**. Faxed or mailed submissions WILL NOT be accepted. The state team will receive email notification of the Center for School Mental Health's receipt of the application.

Participation Decisions

Notification of participation decisions will be made no later than **January 30, 2018**.



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



Team Member Information

Please provide the following information about your team members:

- 1) Name (Team Leader- Required)
Title
Email
Phone

- 2) Name (2nd Team Member- Required)
Title
Email
Phone

- 3) Name (3rd Team Member- Optional)
Title
Email
Phone

- 4) Name (4th Team Member- Optional)
Title
Email
Phone



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



Statement of Commitment **(must be completed and signed individually by ALL team members)**

I, _____, _____, commit to full and active
(name) (title)

participation, if my team is selected to participate in the State School Mental Health Technical Assistance Opportunity. There are no foreseeable barriers to my active engagement in this initiative.

Name

Signature

Date

Appendix A: The SHAPE System

<http://theshapesystem.com/>

The School Health Assessment and Performance Evaluation System, The SHAPE System, is a free, interactive system designed to improve school mental health accountability, excellence, and sustainability. The SHAPE System houses the National School Mental Health Census and National School Mental Health Quality and Sustainability Performance Measures, as well as an interactive, online workspace for schools and districts to engage in strategic team planning to improve their school mental health quality and sustainability. Hundreds of schools and districts across the United States are currently using The SHAPE System to improve school mental health in their communities. The SHAPE System is hosted by the Center for School Mental Health and funded in part by the U.S. Department of Health and Human Services.

Schools and districts can use The SHAPE System to:

- Document their existing school mental health service array and multi-tiered services and supports;
- Advance a data-driven student support team process including strategic planning and free custom reports;
- Access targeted resources to advance school mental health quality and sustainability;
- Achieve SHAPE Recognition to increase opportunities for federal, state and local funding.





School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health



The National School Mental Health Census

The National School Mental Health Census, also referred to as the School Mental Health Profile, allows schools and districts to document the structure and operations of their comprehensive school mental health system (CSMHS). CSMHS are defined as school district-community partnerships that provide a continuum of mental health services to support students, families and the school community. “Mental health services” include activities, services and supports that address the social, emotional and behavioral well-being of students, including substance use. (Approximate completion time= 1 hour)

The National School Mental Health Quality Performance Measure

The National School Mental Health Quality Performance Measure, also referred to as the Quality Assessment Tool, allows schools and districts to self-assess their CSMHS’s quality based on national standards. The team-based process of completing the Quality Assessment Tool also facilitates team communication about various aspects of school mental health quality and establishes a common language about how quality improvements are pursued in the individual school or district.

(Approximate completion time= 1-2 hours)

The National School Mental Health Sustainability Performance Measure

The National School Mental Health Sustainability Performance Measure, also referred to as the Sustainability Assessment Tool, allows schools and districts to self-assess their CSMHS’s sustainability based on national standards. The team-based process of completing the Sustainability Assessment Tool also facilitates team communication about various aspects of school mental health sustainability and establishes a common language about how sustainability practices are pursued in the individual school or district.

(Approximate completion time= 1-2 hours)

SHAPE your School Mental Health System!



What is The School Health Assessment and Performance Evaluation (SHAPE) System?

www.theSHAPESystem.com

The School Health Assessment and Performance Evaluation (SHAPE) System is a **free**, interactive system designed to improve school mental health **accountability, excellence, and sustainability**. The SHAPE System is part of the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau effort to expand and improve the quality of comprehensive school mental health systems in the United States.



◆ Custom Reports

Self-assess your school mental health system's quality and sustainability based on national standardized performance measures just for school mental health. Each time your team works together to submit information on SHAPE, you will have access to free, customized reports reflecting your school's or district's data.



◆ Strategic Team Planning

Invite any school-based, community or school employed team members to your SHAPE account, where you can work as a coordinated, collaborative team to assess, document and action plan around the quality and sustainability of your school mental health services and supports.



◆ Free Resources

With a SHAPE account, you and your team members have access to a comprehensive repository with up-to-date, public access resources hand selected by a team of school mental health experts.



◆ Be Counted in the National School Mental Health Census

By engaging with The SHAPE System, your school or district mental health system will become part of the national school mental health movement toward quality and sustainability.

