

February 24, 2014

CSMH NEWS AND RESOURCES

Typical or Troubled?® School Mental Health Education Program

Sponsored by the **American Psychiatric Foundation (APF)**, *Typical or Troubled?®* is a school mental health education program designed to educate teachers and other school staff on: the warning signs of emotional and behavioral health issues in teens; how to talk to students who may be experiencing problems and engage family members; and help connect students to appropriate resources within the school or community. To date, the program has been implemented in 35 states, educated more than 60,000 educators and other school personnel, reached over 2,000 schools and districts that connect with over a million students. Importantly, the program has resulted in critical interventions with students in need, ignited positive dialogue and collaboration among the school community, and resulted in establishing or improving referral systems and connections to treatment and services. The grant program provides grant funds, innovative educational materials, brochures, evaluation tools, technical assistance, and connections with many of your colleagues across the nation.

The program materials are in English and Spanish language. The Spanish version of *Typical or Troubled?®* program called ***Típico o Problemático?®*** is a culturally competent adolescent mental health education program designed primarily for Latino parents but can also be used with school staff in predominately Hispanic school communities. The program is similar to the *Typical or Troubled?®* program. It was revised and developed with the input of Hispanic families and students, teachers, school administrators, counselors, school social workers, psychologists, psychiatrists, and community organizations. The result: a variety of culturally relevant educational tools – presentations, scripted notes, facts and figures, role playing exercises, handouts and brochures – that encourage learning and dialogue with parents about their teen's mental health and how to support their mental health and emotional well-being.

There are two grant opportunities:

Standard Grant

You are eligible to apply for the Standard Grant to implement the *Typical or Troubled?®* program if you work in 2-10 middle or high schools. Grant awards are between \$1,000 and \$2,000 depending on the number of schools.

Innovation Grant

APF is providing a *new opportunity* for our “veterans” (i.e., those who have successfully implemented the *Typical or Troubled?®* program at least two times already over two school calendar years). This Innovation Grant provides school sites the opportunity to dream up, create and implement an innovative tool or educational information where there is a need that would enhance the effectiveness and outreach of the current *Typical or Troubled?®* program information on student mental health. Five grants between \$2,500 - \$5,000 will be awarded. This is a new limited grant opportunity **ONLY** available to sites that meet the application criteria.

Deadline for all grant applications is March 31, 2014.

A Grant Application Information conference call will be held on March 4, 2014 a 3:00PM EDT. Please call 712-432-0140 and use passcode 724620.

For information about eligibility, the grant applications, and other information
<http://www.americanpsychiatricfoundation.org/what-we-do/public-education/typical-or-troubled/how-to-implement-the-program>

The CSMH is on Facebook and Twitter to disseminate information and resources, and to engage in discussions with colleagues. Please become a fan and like our Facebook page!
<http://www.facebook.com/pages/Center-for-School-Mental-Health/193690780654894>
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Please feel free to share this announcement with others who are interested in school mental health research, training, policy, and/or practice. These announcements are archived on the CSMH website at <http://csmh.umaryland.edu/resources/CSMH/Archived%20Listserv>

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