17th Annual School Health Interdisciplinary Program

School Health: The Foundation of Success for Students and Communities
August 3-4, 2017

Complimentary Pre-Conference Session
August 2, 2017
Radisson Hotel
Timonium, Maryland

Sponsored by:
The Center for School Mental Health
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

Division of Student, Family, and School Support
Maryland State Department of Education

Maryland Department of Health

Maryland Department of Juvenile Services

Maryland Department of Human Resources
Social Services Administration

Co-Sponsored by:
Maryland State School Health Council

Maryland State Department of Juvenile Services

Successful Youth • Strong Leaders • Safer Communities

Maryland Department of Health

Maryland State Department of Education
Preparing World-Class Students

DHR
Location
Radisson Hotel
2004 Greenspring Drive
Timonium, Maryland
410-252-7373
Lodging Rooms: $103/per night

Overview
The School Health Interdisciplinary Program (SHIP) is a multifaceted approach to continuing education. SHIP provides comprehensive training on coordinated school health. The conference focuses on topics vital to school professionals. SHIP is committed to advancing quality and sustainability in school health with this year’s theme being School Health: The Foundation of Success for Students and Communities. Training will focus on helping school-based professionals understand core concepts in the school health field, including best practice strategies and policy across a three-tiered framework of healthcare.

Disclosure of Conflicts of Interest
In accordance with the American Nurses Credentialing Center and the Commission on Accreditation standards for commercial support and sponsorship, The University of Maryland School of Nursing requires that all individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest. The University of Maryland School of Nursing Office of Professional Education reviews and resolves all reported or potential conflicts of interest to ensure content integrity, objectivity, and scientific rigor for this activity.

Commercial Support
This educational activity has not received any form of commercial support.

Over 17 years of school health interdisciplinary training programs in Maryland!
7:00-7:45  Registration and Coffee

8:00-5:00 Youth Mental Health First Aid Training

Sponsored by Maryland Project AWARE and the Mental Health Association

This eight-hour training will cover the risk factors and warning signs of mental health challenges in children and adolescents. Attendee will learn the importance of early intervention, identify crisis situations, and understand their role in assessing care for the student.

Facilitated by: Jennifer Treger
Director Mental Health First Aid Maryland
Maryland State Department of Education
Thursday, August 3, 2017

7:30-8:15a.m.  Registration, Exhibits, and Continental Breakfast

8:30-8:45a.m.  Welcome and Introductions

**Sylvia McCree-Huntley, MS, Doctoral Candidate**
Director, Professional Development & Continuing Education, Center for School Mental Health
University of Maryland School of Medicine

**Nancy Lever, PhD**
Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

**Alicia L. Mezu, MSN/Ed, BSN, BS, RN**
Conference Co-Chair
Health Services Specialist
Division of Student, Family and School Support
Maryland State Department of Education

**Alan Lake, MD**
Chair
Maryland State School Health Council

8:45-9:45a.m.  Plenary Session I

*Introduction by:*

**Lynne Muller, PhD, NCC, LCPC**
Conference Co-Chair
Section Chief, Student Services and School Counseling
Division of Student, Family and School Support
Maryland State Department of Education

**Addressing the Foundation of Success for Students and Communities in School Health**
Agency leaders will discuss the importance of success for all students and communities. They will also share how this plays a role in their agency’s work related to helping all students to succeed.
State Agency Leaders (invited):

**Jinlene Chan, MD, MPH, FAAP**
Acting Deputy Secretary for Public Health Services
Maryland Department of Health

**Mary L. Gable**
Assistant State Superintendent
Division of Student, Family and School Support and Academic Policy
Maryland State Department of Education

**Jay Cleary**
Chief of Staff
Maryland Department of Juvenile Services

**Rebecca Jones Gaston, MSW**
Executive Director
Maryland Department of Human Resources / Social Services Administration

9:45-10:45 a.m. **Plenary Session II**

*Introduction by:*

**Christine Evans Johnson, MA, CHES**
State Adolescent Health Coordinator
Maternal and Child Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

**Understanding the Impact of trauma and moving toward implementation of trauma informed approaches.**
This session will briefly address numerous effects of trauma on our physical, emotional and spiritual wellbeing. Discussion will also focus on healing from trauma and implementing trauma informed practices across service delivery.

**Joan Gillece, PhD**
Director of National Association of State Mental Health Program Directors
Substance Abuse and Mental Health Services Administration (SAMHSA)

10:45-11:45 a.m. **Plenary Session III**

*Introduction by:*

**Cheryl Duncan De Pinto, MD, MPH**
Medical Director, Office of Population Health Improvement
Maryland Department of Health

**Population Health Improvement**
Attendees will understand population health, its role in public health, health care delivery and the heal of communities. The panel will discuss diverse needs of rural counties, access to care issues we address in the strategic plan and community workforce development.

**Jennifer Newman Barnhart, MPH**  
**Chad Perman, MPP**  
**Alice Bauman, MSPH**  
Maryland Department of Health

11:45-1:00 p.m. **Lunch and Exhibits**  
Health Updates with Dr. Cheryl De Pinto, Medical Director, Office of Population Health, Maryland Department of Health  
Lynne Muller, PhD, NCC, LCPC, Section Chief, Student Services and School Counseling, Division of Student, Family and School Support, Maryland State Department of Education  

Local School Health Council members will pick up their lunch and go into the special MSSHC lunch room.

1:00-2:00 p.m. **Plenary Session IV**  
*Introduction by:*  
**Lynne Muller, PhD, NCC, LCPC**  
Conference Co-Chair  
Section Chief, Student Services and School Counseling  
Division of Student, Family and School Support  
Maryland State Department of Education

**Move It or Lose It: Promoting Wellness in the Workplace**  
This presentation will give educators, administrators and parents of children of all ages an overview of the importance of physical activity and tips on how to incorporate various low intensity activities into a typical daily routine. Valid and reliable resources will be shared that help participants further their discovery on this topic. Furthermore, participants will complete their own action plan to incorporate into their own lives.

**Alberto (Tito) Baca, EdD**  
Professor, Montgomery College, Health Sciences

2:00-2:15 **Break and Exhibits**

2:15- 4:15 p.m. **Workshop Sessions**

**WS1 – The Legal and Ethical Issues in Schools: What School Nurses Need to Understand**  
This workshop will examine how school nurses resolve ethical problems in schools. Attendees will benefit from new knowledge of decision-making models in resolving conflicts.

**Ann Mech, JD, RN**  
Assistant Professor, PPEP  
Director, Legal Affairs  
University of Maryland School of Nursing
Alicia L. Mezu, MSN/Ed, BSN, BS, RN  
Health Services Specialist  
Division of Student, Family and School Support  
Maryland State Department of Education

Barbara Obst, RN, MS  
Coordinator  
Specialized Health Care Interagency Collaboration  
Kennedy Krieger Institute

WS2 – Gang Culture and Our Children: How You Can Make a Difference  
Attendees be able to identify and examine the impact gang culture is having on all of our children, including the relevance to bullying and cyber bullying issues. This presentation will also discuss the appropriate use of research-based gang prevention and intervention strategies.

Vincent DeVivo  
Community Outreach Specialist  
United States Department of Justice  
United States Attorney’s Office for the District of Maryland

WS3 – Immigrant and Refugee Health  
The panel discussion will allow participants to better understand the issues and barriers to immigrant and refugee student mental health while providing resources for audience members to access. Audience members will participate in a group discussion with panel members to ask questions and brainstorm ideas how to work with this population.

Heather Kathrens, LGSW, CCTP  
Refugee Mental Health Program Coordinator  
Office of Immigrant Health  
Maryland Dept. of Health

Emily Breichner  
Social Worker  
Refugee Youth Project  
Baltimore City Community College

Eric Haber  
Social Worker  
The Newcomer Project  
Office of Specialized Services  
Baltimore City Public Schools

Alfredo Santiago, LCSW-C  
Baltimore Medical System

WS4 – The Needs of Homeless Youth and Foster Care Youth in Schools  
Children who are homeless and in foster care are some of the most disadvantaged educational students compared to other students. They can experience higher rates of school suspensions, expulsions, lower test scores, grade retention challenges, and in need of general mental health
care. This workshop will address the needs of homeless and foster care youth and will discuss ways to help them become successful in schools.

**Derrick Riggins**  
Program Manager Substance Exposed Newborns  
**Brandi Stockdale, LCSW-C**  
Maryland Department of Human Resources / Social Services Administration
8:35-9:35 a.m. **Plenary Session V**

*Introduction by:*

**Rachel Hess-Mutinda, MSW, LGSW**
Environmental Health Bureau
Maryland Department of Health

**Social Determinants of Health**

This presentation will help audience members better understand social determinants of health and develop a common understanding of social determinants of health. Examples will be provided of projects in Maryland established to reduce health disparities, improve health outcomes, and reduce costs and hospital admissions and readmissions’ in specific areas of the State.

**Michelle Spencer, MS**
Johns Hopkins Bloomberg School of Public Health

**Shalewa Noel-Thomas, PhD, MPH**
Director, Office of Minority Health and Health Disparities
Maryland Department of Health

9:35-10:35 a.m. **Plenary Session VI**

*Introduction by:*

**Brian Mattingly**
Center for Cancer Prevention and Control
Maryland Department of Health

**Human Papillomavirous (HPV) Vaccination**

Attendees will gain an understanding of HPV vaccination and prevention of HPV associated cancers.

**Niharika Khanna, MD**
University of Maryland School of Medicine

**Gypsyamber D’Souza, PhD**
Associate Professor
Johns Hopkins Bloomberg School of Public Health
10:45-11:45a.m  **Plenary Session VII**
*Introduction by:*
Alicia L. Mezu, MSN/Ed, BSN, BS, RN
Conference Co-Chair
Health Services Specialist
Division of Student, Family and School Support
Maryland State Department of Education

**Understanding Every Student Succeeds Act (ESSA) and its Role in School Health**
This presentation provides the audience a synopsis of the ESSA mentions of specialized instructional support personnel (SISP). Examples of how SISP are factored in ESSA state plans enables discussion on what opportunities exist for SISP advocacy on behalf of students

Donna Mazyck, MS, RN, NCSN, CAE
Executive Director
National Association of School Nurses

Mary L. Gable
Assistant State Superintendent
Academic Policy & Innovation
Division of Student, Family and School Support
Maryland State Department of Education

11:45-12:50p.m.  **Lunch and Exhibits**

12:50-1:50p.m.  **Plenary Session VIII**
*Introduction by:*
Alan Lake, MD
Maryland State School Health Council

**Attention Deficit Hyperactivity Disorder (ADHD): Recognition and Management**
This plenary will provide an update about the diagnosis and treatment of ADHD so that the school nurse may be a good communication bridge among parents, teachers, other school personnel, and healthcare providers regarding children suspecting of having this ADHD.

Linda Grossman, MD
Pediatrician, Baltimore County Department of Health

1:50-2:00p.m.  **Break and Exhibits**

2:00-4:00p.m.  **Workshop Sessions**

**WS5 – A Child Psychiatrist’s Approach to Recognition and Management of Anxiety and Depression in the School Aged Child**
This session will allow participants to better understand guidance and recommendations for recognition of moderate to severe depression along with treatment.

Michael Labellarte, MD
Child and Adolescent Psychiatrist, CPE Clinic, LLC, Lutherville
WS6 – Early Childhood Mental Health: Promoting Early Identification and Wellbeing in Young Children
This workshop will provide an overview of foundational concepts for addressing early childhood mental health (ECMH) and social-emotional development of young children in schools and early childcare setting. Evidence-based approaches to ECMH screening, assessment, prevention, and intervention will be presented, with a particular focus on “real world” tools and resources. Lessons learned from state and local program implementation will be highlighted.

D’Lisa Ramsey Worthy, MEd
Rebecca L. Vivrette, PhD
Brijan Fellows, LCSW-C
Taghi Modarressi Center for Infant Study
Division of Child and Adolescent Psychiatry
University of Maryland School of Medicine

WS7 – Innocence Stolen: Protecting Our Children Online
This presentation will focus on social networking sources, sexting, and internet predators. Attendees will learn best practice to protect young people from negative and criminal online influences. Several Strategies for prevention, intervention, and internet safety will also be discussed.

Vincent DeVivo
Community Outreach Specialist
United States Department of Justice
United States Attorney’s Office, District of Maryland

WS8 – Leaving Never Neverland: Transition Planning
The transition through adolescence into young adulthood is one of the most difficult periods for chronically ill adolescents and their families. Adolescents living with chronic illnesses have to work through the issues of dependence for health care management. Attendees will learn to create strategies for planning and supporting adolescents along with their families during transition.

Vicki Tepper, PhD
University of Maryland School of Medicine

Kathy Tomaszewski, RN, BSN
Johns Hopkins Hospital
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### Conference Location

Radisson Hotel  
2004 Greenspring Drive  
Timonium, Maryland  
410-252-7373  
Lodging Rooms: $103/per night

### Exhibit Opportunities at SHIP

Reserve your table today while there is still space available!  
Exhibit application is available online at [http://csmh.umaryland.edu](http://csmh.umaryland.edu)

For more information, please contact  
Christina Huntley, MS  
Center for School Mental Health  
University of Maryland School of Medicine  
410-706-0980
CONTINUING EDUCATION
This conference is sponsored by The Center for School Mental Health, University of Maryland School of Medicine. Credit is awarded on a session by session basis, with full attendance required.

Attendees
A certificate of attendance will be available for attendees. To receive this certificate, attendees must sign in at the beginning of both days, attend the entire conference and complete the evaluation.

Counselors
The University of Maryland is an approved sponsored of the Maryland Board of Examiners of Professional Counselors and Therapists for continuing education credits for licensed professional counselors and therapists in Maryland.

Health Educators
This program is seeking Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) continuing education contact hours available

Nurses & CRNP’s:
Nurses may receive up to 20 contact hour(s) for participating in this educational activity. To request CE, nurses must attend CE designated session(s), submit completed evaluation survey and verification of attendance forms, and a fee of $30. Nurses will receive a CE certificate via email from the University of Maryland 2-4 weeks after submitting their request, required documents, and fee. All requests must be received within 90 days of the event.

The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Psychologists
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners of Psychologists for continuing education credits for licensed psychologists in Maryland.

Social Workers
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners for Social Workers for continuing education credits for licensed social workers in Maryland.

Continuing Education Hours
Wednesday, August 2, 2017 up to 8.00 hours (Youth Mental Health First Aid)
Thursday, August 3, 2017 up to 6.00 hours
Friday, August 4, 2017 up to 6.00 hours
Tina Backe, MA
Coordinator
Office of School Health
Maryland Department of Health

Sara Booker, MPH, RD, LDN
Professional Development and Technical Assistance Specialist
Office of School & Community Nutrition Program
Maryland State Department of Education

Cheryl Duncan De Pinto, MD, MPH
Medical Director
Office of Population Health Improvement
Maryland Department of Health

Christine Evans Johnson, MA, CHES
State Adolescent Health Coordinator
Maternal and Child Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

Patricia D. Franklin, PhD, RN
Assistant Professor, Partnerships, Professional Education & Practice
Director, Professional Education
Director, Nurse Leadership Institute
University of Maryland School of Nursing

Rachel Hess-Mutinda, MSW, LGSW
Environmental Health Bureau
Maryland Department of Health

Christina Huntley, MS
Conference Coordinator
Center for School Mental Health
University of Maryland School of Medicine

Alan Lake, MD
Maryland State School Health Council
The Maryland Pediatric Group, L.L.C.

Nancy Lever, PhD
Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Judi Lockett RN
Program Manager for School Based Health
Baltimore Medical System

Brian Mattingly
Center for Cancer Prevention and Control
Maryland Department of Health

Sylvia McCree-Huntley, MS
Doctoral Candidate
Director, Professional Development and Continuing Education,
Center for School Mental Health
Outreach and Education Lead, Maryland Healthy Transitions
University of Maryland School of Medicine

Alicia L. Mezu, MSN/Ed, BSN, BS, RN
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Health Services Specialist
Division of Student, Family and School Support
Maryland State Department of Education

Lynne Muller, PhD, NCC, LCPC
Conference Co-Chair
Section Chief, Student Services and School Counseling
Division of Student, Family and School Support
Maryland State Department of Education

Corine Mullings, LGSW
Social Services Administrator II-Policy Analyst
Maryland State Department of Human Resources
Social Services Administrator

Dorothy Nuckols, MPH
School Health Support Liaison
Center for Chronic Disease Prevention and Control
Maryland Department of Health

Barbara Obst, RN, MS
Coordinator
Specialized Health Care Interagency Collaboration
Kennedy Krieger Institute

Manjula Paul, MSN, RN, MPH
Nurse Consultant
Division of Early Childhood Development
Maryland State Department of Education

Erin Penniston, MSW
Deputy Director
Center for Chronic Disease Prevention and Control
Maryland Department of Health

Kay Schoo, RN
Health Administrator
Maryland Department of Juvenile Justice

Anita Stokes, MHA, MSN, RN
Program Coordinator, Medical Home
Office for Genetics and People with Special Health Care Needs
Prevention and Health Promotion Administration
Maryland Department of Health

Brandi Stocksdale LCSW-C
Program Manager Substance Exposed Newborns
Maryland Department of Human Resources / Social Services Administration