



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE



18th Annual School Health Interdisciplinary Program

Health and Education: Determinants of a Thriving Student
August 1-2, 2018

Pre-Conference Sessions on July 31, 2018
Red Lion Hotel Baltimore North
Timonium, Maryland 21093

Sponsored by:

The Center for School Mental Health
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

Division of Student, Family, and School Support
Maryland State Department of Education

Office of School Health
Maryland Department of Health

Maryland Department of Juvenile Services

Maryland Department of Human Resources
Social Services Administration

Maryland State School Health Council

Location:

Red Lion Hotel Baltimore North (formerly the Radisson Hotel)
2004 Greenspring Drive
Timonium, Maryland 21093
410-252-7373

Overview

The School Health Interdisciplinary Program (SHIP) is a multifaceted approach to continuing education. SHIP provides comprehensive training on coordinated school health. The conference focuses on topics vital to school professionals. SHIP is committed to advancing quality and sustainability in school health with this year's theme being **Health and Education: Determinants of a Thriving Student**. Training will focus on helping school-based professionals understand core concepts in the school health field, including best practice strategies and policy.

Desired learning outcome

Attendees will be able to:

- define strategies that build and enhance effective partnerships to improve student health;
- describe three strategies to improve student academic success; and
- identify strategies needed to promote student wellness and success, while reducing high risk behaviors.



The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

For more information about the conference and registration, please contact Christina Huntley at the Center for School Mental Health at [410-706-0980](tel:410-706-0980) or chuntley@som.umaryland.edu



Wednesday, August 1, 2018

7:30 a.m. - 8:30 a.m. **Registration, Exhibits, and Continental Breakfast**

8:30 a.m. - 8:45 a.m. **Welcome and Introductions**

Sylvia McCree-Huntley, EdD

Director, Professional Development & Continuing Education
Center for School Mental Health, University of Maryland School of Medicine

Nancy Lever, PhD

Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Cheryl Duncan De Pinto, MD, MPH

Conference Co-Chair
Director, Office of Population Health Improvement
Maryland Department of Health

Alan Lake, MD

Maryland State School Health Council

8:45 a.m. - 9:45 a.m. **Plenary Session I**

Introduction by:

Cheryl Duncan De Pinto, MD, MPH

Director, Office of Population Health Improvement
Maryland Department of Health

Addressing the Determinants of Health and Education to Promote Thriving Students

Agency leaders will discuss the importance of success for all students and communities. They will also share how this plays a role in their agency's work related to helping all students to succeed.

State Agency Leaders (invited):

Robert R. Neall

Secretary
Maryland Department of Health

Betsy Fox Tolentino

Executive Director of Pre-Adjudication Services & Reform
Maryland Department of Juvenile Services

Karen B. Salmon, PhD

State Superintendent of Schools

Maryland State Department of Education

Rebecca Jones Gaston, MSW

Executive Director, Social Services Administration
Maryland Department of Human Services

9:45 a.m. - 10:45 a.m. **Plenary Session II**

Introduction by:

Nancy Lever, PhD

Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Social Determinants of Health for School-Age Youth

For many students, especially those of color and those who live in disadvantaged communities, social determinants set them up for poor health and education outcomes. This plenary session will address what is meant by social determinants of health and will consider what schools can do to better assess and address these determinants to improve student outcomes.

Olga Acosta Price, PhD

Associate Professor
Department of Prevention and Community Health
Director, The Center for Health and Health Care for Schools
The George Washington University

10:45 a.m. - 11:45 a.m. **Plenary Session III**

Introduction by:

Cheryl Duncan De Pinto, MD, MPH

Director, Office of Population Health Improvement
Maryland Department of Health

Supporting Justice Involved Youth and Families

This session will provide the audience with an overview of the juvenile justice system, including how a youth enters the system, possible outcomes, and reentry back to the community in order to enhance the understanding of how youth and families experience the juvenile justice system. Additionally, the panel will discuss opportunities and identify challenges to support youth as they transition back to an educational setting.

Maryland Department of Juvenile Services Panelists:

Betsy Fox Tolentino

Executive Director, Pre-Adjudication Services and Reform

Kara Aanenson

Director of Family Engagement

Jennifer Maehr, MD, FAAP

Medical Director

Michael S. Ito, Psy.D.

Director of Behavioral Health

LaSandra Diggs
Program/Education Transition Specialist

11:45 a.m. - 12:55 p.m. **Lunch and Exhibits**

Local School Health Council members will pick up and bring their lunch to the special Maryland State School Health Council meeting room.

Facilitator: Alan Lake, MD
Maryland State School Health Council Leader

12:55 p.m. - 1:00 p.m. **Return to Plenary Room**

1:00 p.m. - 2:15 p.m. **Plenary Session IV**

Introduction by:

Lynne Muller, PhD, NCC, LCPC
Section Chief, Student Services and School Counseling
Division of Student, Family and School Support
Maryland State Department of Education

Part 1: Vaping and JUULs (1:00 p.m. - 1:45 p.m.)

Following nearly two decades of steadily declining rates of tobacco use among youth, new and emerging products are beginning to addict a new generation. This session will provide the latest information on vaping and Juuling -- what these products are, why they have become so popular, and what can be done to address this latest public health threat in and around our schools.

Dawn S. Berkowitz, MPH, CHES
Director, Center for Tobacco Prevention and Control
Prevention and Health Promotion Administration
Maryland Department of Health

Part 2: Opioid Crisis (1:45 p.m. - 2:15 p.m.)

Maryland is aggressively addressing the heroin and opioid epidemic that has plagued communities across the nation. This session will provide an overview on substance abuse programs and activities taking place in Maryland Public Schools, and how the Maryland State Department of Education has partnered with state and local agencies to tackle this crisis.

Reginald Burke, MS
Director, Youth Development Branch
Maryland State Department of Education

2:15 p.m. - 2:30 p.m. **Break and Exhibits**

2:30 p.m. - 4:30 p.m. **Workshop Sessions**

There will be a 15-minute break from 3:30 p.m. to 3:45 p.m.

WS1 – Environmental Health and Its Effect on Children

This workshop will review environmental health topics as they relate to schools and children. The workshop will inform attendees of current State programs to improve asthma control and lower blood lead levels in Maryland children and how school health personnel can enroll their students and families in these programs.

Clifford S. Mitchell, MS, MD, MPH

Director, Environmental Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

Robyn Gilden, PhD, RN

Assistant Professor
Department of Family and Community Health
Director, Environmental Health Certificate
University of Maryland School of Nursing

WS2 – Trauma Responsive Care in Schools: Practical Skills and Resources

Presenters will share the impact of traumatic stress on school-age children and those effects on their families, as well as the community. This workshop defines trauma and teaches specific trauma-informed approaches in behavioral health and human services as it pertains to the educational setting.

James Padden, MA

Director of Related Services
Baltimore City Public Schools

Nicole Tschopp, LCSW-C

Clinical Manager, Baltimore City Public Schools

Chris Gaither, LCSW-C

Team Lead FBA/BIP Team, Baltimore City Public Schools

WS3 - Vaping and JUULs (Continuation from the morning plenary session)

This session will offer more hands-on opportunities to learn about and see the latest products, understand why they have become so popular, and consider what can be done to address this public health threat in and around our schools.

Dawn S. Berkowitz, MPH, CHES

Director, Center for Tobacco Prevention and Control
Prevention and Health Promotion Administration
Maryland Department of Health

WS4 – Childhood Abuse Issues: What School Staff Should Know

This workshop will provide school and health professionals with an overview of Maryland's current child abuse laws, policies, practices, and how the involvement of child welfare impacts a child's educational performance.

Brandi Stocksdales, LCSW-C

Director, Child Protective Services and Family Preservation
Maryland Department of Human Services

Corine Mullings, LGSW

Policy Analyst, Child Protective Services and Family Preservation
Maryland Department of Human Services



Thursday, August 2, 2018

7:30 a.m. - 8:30 a.m. **Registration, Exhibits, and Continental Breakfast**

8:25 a.m. - 8:30 a.m. **Welcome and Introductions**

Cheryl Duncan De Pinto, MD, MPH

Conference Co-Chair

Director, Office of Population Health Improvement

Maryland Department of Health

8:30 a.m. - 9:45 a.m. **Plenary Session V**

Introduction by:

Tina Backe, MA

Health Policy Analyst, Office of Population Health Improvement

Maryland Department of Health

Healthy Schools Dashboard

The Healthy Schools Dashboard model can be used to assist local schools with the integration of student health and academic data indicators. Attendees will learn about the results of a demonstration project with Garrett County Public Schools and how data can be used to prioritize school health activities to improve academic outcomes for students with chronic health problems.

Amelia Arria, PhD

Associate Professor, Department of Behavioral and Community Health

Director, Center on Young Adult Health and Development

Director, Office of Planning and Evaluation

University of Maryland School of Public Health

Olivia Carter-Pokras, PhD

Professor of Epidemiology and Associate Dean for Diversity and Inclusion

Department of Epidemiology and Biostatistics

University of Maryland School of Public Health

Robert Gold, PhD

Professor, Department of Behavioral and Community Health

Director, Educational Innovation

Phillip Lauver, EdD

Supervisor of Pupil Services

Garrett County Public Schools

Rebecca Aiken, MS, BS.Ed., RN, NCSN

Nurse Manager, School Health Services

Garrett County Public Schools

9:45 a.m. - 11:15 a.m. Plenary Session VI

Introduction by:

Shawnett Mills, LCPC

Child and Mental Health Specialist
Maryland Department of Human Services

Innocence Stolen: Our Children Online

Attendees will learn the different types of internet misuse including social networking, cyber bullying, sexting, and internet predators. They will learn prevention and intervention strategies for children.

Vince DeVivo

United States Community Outreach Specialist
U. S. Attorney's Office
Maryland Crime Prevention Association, Inc., District of Maryland

11:15 a.m. -12:15 p.m Plenary Session VII

Introduction by:

Alicia L. Mezu, MSN/Ed, BSN, BS, RN

Health Services Specialist
Maryland State Department of Education

Rural Areas: Challenges and Opportunities in School Health

Presenters will discuss challenges and opportunities within rural areas of Maryland related to access to and utilization of health care services. The panel will discuss collaborations and the role of local education agencies and school health services programs in addressing community health needs. Perspectives shared will include presentations from a Director of Student Services of a rural education agency, Pupil Personnel Worker from a rural education agency, Chief Executive Officer of a Federally Qualified Health Center in a rural area, and a Health Officer of a rural local health department.

Dianna Abney, MD, FAAP

Health Officer
Charles County Department of Health

Arcelius Brickhouse, EdS

Director of Student Services
Dorchester County Public Schools

Sara Rich, MPA

President and CEO
Choptank Community Health System, Inc.

Misti Winders, MEd

Pupil Personnel Worker
Washington County Public Schools

12:15 p.m. - 1:15 p.m. Lunch and Exhibits

1:15 p.m. - 2:15 p.m. Plenary Session VIII

Introduction by:

Barbara Obst, RN, MS

Specialized Health Care Interagency Collaboration Coordinator
Kennedy Krieger Institute

Adverse Childhood Experiences (ACEs): The Effects on Student's Health and Achievements

The presentation will discuss adverse childhood experiences (ACEs) and the effects on student health and achievement. The health impact pyramid from CDC will be reviewed, and how the combination of education plus health equals success for every student will be considered.

Marceé J. White, MD, FAAMP

Medical Director, Mobile Health Programs & Children's Health Center at THEARC Children's National Health System

2:15 p.m. - 2:20 p.m. Break and Exhibits**2:20 p.m. - 4:20 p.m. Workshop Sessions****WS5 – Gang Culture and Our Children: How You Can Make A Difference**

This session will identify national and local, traditional and hybrid, gang formation. Participants will gain an understanding of the impact of gang culture on children.

Vince DeVivo

United States Community Outreach Specialist

U. S. Attorney's Office

Maryland Crime Prevention Association, Inc., District of Maryland

WS6 – School-Based Interventions for Improving the Health of LGBTQ Youth

This session will include information and reality-based scenarios related to the legal, social and emotional issues affecting the health of today's gay, lesbian, bisexual, transgender, and questioning youth.

Jabari Lyles (he/him)

Executive Director

Gay, Lesbian and Straight Education Network (GLSEN) Maryland

Mark Procopio (he/him)

Executive Director

FreeState Justice

WS7 – Supportive Services: Homeless Youth, Housing and Foster Care

This presentation will offer school and health professionals an overview of the federal law, Every Student Succeeds Act (ESSA), how ESSA impacts Maryland child welfare supporting the educational needs of children in foster care, and the impact of out-of-home placement on children and youth. Examples will highlight foster care court-improvement and the successes for supporting students. This team will also discuss housing and supportive services for homeless youth.

Peaches A. Wilson, LCSW-C

Policy Analyst-Education

Social Service Administration

Maryland Department of Human Services

Carol Bryant Payne

HUD Field Office Director

U.S. Department of Housing and Urban Development

WS8 Human Trafficking: What School Staff Should Know

Anyone can be a target, regardless of race, socioeconomic status, or parent involvement for sex trafficking. This session will discuss how traffickers target marginalized youth and highlight the risk factors that put a youth at greater risk for human trafficking. Information will be shared on how school professionals can identify signs and symptoms of potential high-risk youth.

Mothyna James

Director of Community Education

TurnAround, Inc.



CONTINUING EDUCATION

This conference is sponsored by The Center for School Mental Health, University of Maryland School of Medicine. Credit is awarded on a session-by-session basis, with full attendance required.

Attendees

A certificate of attendance will be available for attendees. To receive this certificate, attendees must sign in at the beginning of both days, attend the entire conference and complete the evaluation.

Counselors

The University of Maryland is an approved sponsor of the Maryland Board of Examiners of Professional Counselors and Therapists for continuing education credits for licensed professional counselors and therapists in Maryland.

Health Educators

The planning committee is seeking Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) continuing education contact hours.

Nurses

Nurses may receive up to 20 contact hours for participating in this educational activity. To request CE, nurses must attend CE designated session(s), submit completed evaluation survey and verification of attendance forms. There is a fee of \$15 for one day or \$30 for attending all three days. Nurses will receive a CE certificate via email from the University of Maryland 2-4 weeks after submitting their request, required documents, and fee. All requests must be received within 90 days of the event.

Psychologists

The University of Maryland School of Medicine is an approved sponsor of The Maryland Board of Examiners of Psychologists for continuing education credits for licensed psychologists in Maryland.

Social Workers

The University of Maryland School of Medicine is an approved sponsor of The Maryland Board of Examiners for Social Workers for continuing education credits for licensed social workers in Maryland.

Continuing Education Hours:

Tuesday, July 31, 2018 up to 8.0 hours for Enrichment for School Nurses
 8.0 hours for Youth Mental Health First Aide
 3.0 hours for Ethics and Social Media Training
 3.0 hours for Clinician Supervision Training

Wednesday, August 1, 2018 up to 6.25 hours

Thursday, August 2, 2018 up to 6.75 hours

DISCLOSURE STATEMENT: The Center for School Mental Health strives to ensure balance, independence, objectivity and scientific rigor in all of its educational programs. All presenters participating in this program have been required to disclose any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program. This includes relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. The intent of this policy is to identify openly any conflict of interest so that the attendees may form their own judgments about the presentation with the full disclosure of the facts. In addition, each presenter is expected to openly disclose any off-label, experimental or investigational uses of drugs or devices in their presentations.

The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

For more information about the conference, exhibit, and registration, please contact Christina Huntley, The Center for School Mental Health, 410-706-0980 or chuntley@som.umaryland.edu.



Regional Planning Committee Members

Tina Backe, MA

Health Policy Analyst
Office of Population Health Improvement
Maryland Department of Health

Sara Booker, MPH, RD, LDN

Professional Development and Technical
Assistance Specialist
Office of School & Community Nutrition Program
Maryland State Department of Education

Cheryl Duncan De Pinto, MD, MPH

Conference Co-Chair
Director, Office of Population Health Improvement
Maryland Department of Health

Christine Evans Johnson, MA, CHES

State Adolescent Health Coordinator
Maternal and Child Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

Patricia D. Franklin, PhD, RN

Assistant Professor, Partnerships, Professional
Education & Practice
Director, Professional Education
Director, Nurse Leadership Institute
University of Maryland School of Nursing

Caroline Green

School Health Coordinator
Prevention and Health Promotion Administration
Maryland Department of Health

Rachel Hess-Mutinda, MSW, LGSW

Environmental Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health

Sharon Hoover, PhD

Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School
of Medicine

Christina Huntley, MS

Conference Coordinator
Center for School Mental Health
University of Maryland School of Medicine

Patricia Jones, BS

State PREP Coordinator
Prevention and Health Promotion Administration
Maryland Department of Health

Alan Lake, MD

Maryland State School Health Council
The Maryland Pediatric Group, L.L.C.

Nancy Lever, PhD

Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland
School of Medicine

Judi Lockett, RN

Program Manager for School Based Health
Baltimore Medical System

Brian Mattingly

Center for Cancer Prevention and Control
Maryland Department of Health

Sylvia McCree-Huntley, Ed.D

Director, Professional Development and
Continuing Education, Center for School
Mental Health
Outreach and Education Lead, Maryland
Healthy Transitions
University of Maryland School of Medicine

Alicia L. Mezu, MSN/Ed, BSN, BSc, RN

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Maryland State Department of Education

Barbara Obst, RN, MS

Specialized Health Care Interagency
Collaboration Coordinator
Kennedy Krieger Institute

Manjula Paul, MSN, RN, MPH

Nurse Consultant
Division of Early Childhood Development
Maryland State Department of Education

Angela Sittler

Parent Resource Coordinator
Maryland Department of Health