16th Annual School Health Interdisciplinary Program

Best Practices in School Health: Advancing Quality and Sustainability

August 3-5, 2016
Radisson Hotel
Timonium, Maryland

Sponsored by:
The Center for School Mental Health
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

Division of Student, Family, and School Support
Maryland State Department of Education

Office of School Health
Maryland Department of Health and Mental Hygiene

Maryland Department of Juvenile Services

Maryland Department of Human Resources
Social Services Administration

Co-Sponsored by:
Maryland State School Health Council

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Agnes HealthCare, Inc. and the Center for School Mental Health. Saint Agnes Healthcare, Inc. is accredited by the ACCME to provide continuing medical education for physicians.
DISCLOSURE STATEMENT
The Center for School Mental Health strives to ensure balance, independence, objectivity and scientific rigor in all of its educational programs. All presenters participating in this program have been required to disclose any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program. This includes relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. The intent of this policy is to identify openly any conflict of interest so that the attendees may form their own judgments about the presentation with the full disclosure of the facts. In addition, each presenter is expected to openly disclose any off-label, experimental or investigational uses of drugs or devices in their presentations.
7:30-8:25a.m.  Registration, Exhibits, and Continental Breakfast

8:25-8:30a.m. Welcome and Introductions

Sylvia McCree-Huntley, MS, Doctoral Candidate
Director, Professional Development & Continuing Education, Center for School Mental Health
University of Maryland School of Medicine

Nancy Lever, PhD
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Cheryl Duncan De Pinto, MD, MPH
Conference Co-Chair
Medical Director, Office of Population Health Improvement
Maryland Department of Health and Mental Hygiene

8:30-9:30a.m. Welcome from State Agencies

Addressing Best Practices in School Health
Agency leaders will discuss the importance of best practices in school health and will consider how this plays a role in their agency’s work related to quality and sustainability.

Howard Haft MD, MMM, FACPE
Deputy Secretary for Public Health
Maryland Department of Health and Mental Hygiene

Van T. Mitchell
Secretary
Maryland Department of Health and Mental Hygiene

Kristina Kyles-Smith
Assistant State Superintendent
Division of Student, Family, & School Support
Maryland State Department of Education

Jay Cleary
Chief of Staff
Maryland Department of Juvenile Services

Rebecca Jones Gaston, MSW
Executive Director
Maryland Department of Human Resources / Social Services Administration
9:30-9:45 a.m. **Maryland State School Health Council**

*Alan Lake, MD*

9:45-10:45 a.m. **Plenary Session I**

*Introduction by:*

**Barbara Obst, MS, RN**
Nurse Consultant
Specialized Health Care Interagency Collaboration Program
Kennedy Krieger Institute

**Framework and Performance Measures: Whole Child: Part 2**
This presentation will look at the Whole School, Whole Community, Whole Child Model (WSCC), developed by Centers for Control Disease and ASCD, released in 2014 and now in use across 19 states and over two dozen school districts. It will outline where we have come in terms of adoption, and implementation across various settings, and also discuss its use in relation to school improvement and Every Student Succeeds Act (ESSA).

**Sean Slade, MEd**
Senior Director, GLOBAL Outreach & Whole Child Programs, ASCD
Alexandria, VA

11:00-12:00 p.m. **Plenary Session II**

*Introduction by:*

**Brandi Stocksdale, LCSW-C**
Program Manager Substance Exposed Newborns
Maryland Department of Human Resources
Social Services Administration

**School Disaster Communication**
Get a sneak peak of forthcoming research on crisis preparation and communication in schools. This presentation will explain what scientific literature tells us, the results of a content analysis of social media crisis communication in Maryland schools, and preliminary results of a survey on school crisis communication.

**Tyler G. Page, MA, Doctoral Candidate**
Ph.D. Student & Graduate Research Assistant
University of Maryland, College Park
Department of Communication

12:00-12:45 p.m. **Lunch and Exhibits**

12:45-1:45 p.m. **Plenary Session III**

*Introduction by:*

**Kay Schoo, RN**
Health Administrator
Maryland Department of Juvenile Services
School Health: The Time has Come!
In the era of the Affordable Care Act amid rapid change in the healthcare delivery system there are opportunities to integrate health and education. This presentation will:
Describe the key concepts of the Affordable Care Act and opportunities for school health,
describe the evidence base for school health activities, and describe opportunities to integrate health and education to improve child educational and health outcomes using the Rales Health Center as a case study.

Tina Cheng, MD, MPH
Director, General Pediatrics and Adolescent Medicine
Professor of Pediatrics
Johns Hopkins University, School of Medicine
and Bloomberg School of Public Health
Department of Population, Family and Reproductive Health

1:45 – 2:00 p.m. Break and Exhibits

2:00- 5:00 p.m. Workshop Sessions

WS1 - Addressing Educational Disparities through a Coordinated Approach to Wellness: READY (Rales Educational and Health Advancement of Youth)
This workshop will review the connections between health outcomes and education disparities, and examine how schools can impact the 7 health issues directly connected to educational achievement gap.

Beth D. Marshall, DrPH, MPH
Associate Director
Center for Adolescent Johns Hopkins Bloomberg School of Public Health

WS2 – Dietary Guidelines and School Meals Update
Explore the 2015-2020 Dietary Guidelines for Americans, with discussion about implications for personal food decisions, the food industry, and USDA child nutrition programs. Hear about recent and ongoing changes to the National School Lunch and Breakfast Programs, and learn how Maryland school districts are striving to create wellness promoting environments.

Sara Booker, MPH, RD, LDN
Professional Development and Technical Assistance Specialist
Office of School & Community Nutrition Program
Maryland State Department of Education

Debra Celnik RD, MS, LDN
Public Health Nutritionist
Center for Chronic Disease Prevention and Control
Maryland Department of Health and Mental Hygiene
WS3 – Maryland’s PreK-12 Family Engagement Framework: A Shared Responsibility
The Maryland’s PreK-12 Family Engagement Framework: A Shared Responsibility was developed in partnership with a cadre of key educational stakeholders to build capacity of educators to effectively engage families in education. Participants will learn about the five core principles of the Framework and how the core areas can support educators to increase family engagement and student success.

Young-chan Han, MA
Title I/Family Involvement Specialist

Barbara Scherr, BA
Title I/Family Involvement Coordinator

Veronica Simmons
Section Chief, Student Family & Accountability
Maryland State Department of Education

WS4 – Gang Awareness and Social Media
This workshop will take a look at various juvenile gangs in Maryland. Attendees will learn about the impact media has on gangs, specifically juveniles and how schools can address gang issues.

Lisa LaPrade, BA
Certified Gang Specialist
Director of Recreational Programming
C.H.A.M.P.S. Changing Habits and Making Progressive Strides
Maryland Department of Juvenile Service
Thursday, August 4, 2016

7:30-8:25 a.m. **Registration, Exhibits, and Continental Breakfast**

8:25-8:30 a.m. **Welcome and Introductions**

8:30-9:30 a.m. **Plenary Session IV**

*Introduction by:*

**Nancy Lever, PhD**
Conference Co-Chair  
Co-Director, Center for School Mental Health  
Associate Professor, University of Maryland School of Medicine

**Integrating Science and Practice to Help Students with Emotional and Behavioral Problems**

This keynote presentation will discuss the integrating science and practice has evolved to help students, specifically those with emotional and behavioral problems. Attendees will learn how recent research findings inform their practice with students.

**Steven W. Evans, PhD**
Professor of Psychology  
Department of Psychology, Ohio University  

9:30-10:30 a.m. **Plenary Session V**

*Introduction by:*

**Erin Penniston, MSW**
Deputy Director  
Center for Chronic Disease Prevention and Control  
Maryland Department of Health and Mental Hygiene  

**Understanding and Using Maryland School Health Data**

Attendees will gain an understanding of accessing available data sources. Information will also be shared about Maryland data and trends of youth health risky behaviors, school health policies and practices. Attendees will also learn strategies on utilizing data to improve the quality and sustainability of school, community policies, and programs.

**Christopher Hersl, MEd**
Educational Specialist for Health and Physical Education, MSDE

**Alicia L. Mezu, MSN/Ed, BSN, BS, RN**
Health Services Specialist  
Maryland State Department of Education

**Erica Smith, MS**
Evaluation, Epidemiology, and Data Team Manager Center for Chronic Disease Prevention and Control  
Maryland Department of Health and Mental Hygiene
Erin Hager, PhD  
Assistant Professor  
University of Maryland School of Medicine

10:30-10:45a.m. Break and Exhibits

10:45-11:45a.m Plenary Session VI  
Introduction by:  
Cheryl Duncan De Pinto, MD, MPH  
Conference Co-Chair  
Medical Director, Office of Population Health Improvement  
Maryland Department of Health and Mental Hygiene

Adverse Childhood Experiences: Impact on Education and Learning  
Adverse childhood experiences (ACEs) can have lasting effects to adult health and wellbeing and to child development. The National Survey of Children’s Health (2011/2012) reported nearly half (46 percent) of children in the U.S. have experienced at least one ACE. Children who experience or witness economic hardship, violence, abuse, family disruption, mental illness or substance abuse in childhood have a greater risk of obesity, alcoholism, and depression as well as learning and behavioral problems in school. This presentation will provide the audience with an understanding of ACEs, their impact on health and learning, and how school systems can support students experiencing ACEs.

Lee Beers, MD  
Medical Director for Municipal and Regional Affairs, Child Health Advocacy Institute  
Children’s National Health System  
Washington, DC

11:45-12:45p.m. Lunch and Exhibits

12:45-1:45p.m. Plenary Session VII  
Introduction by:  
Manjula Paul, MSN, RN, MPH  
Nurse Consultant  
Division of Early Childhood Development

Overdose Prevention: Empowering School Personnel and Families  
This keynote session will the issue of Opioid overdose with a personal story, discuss the issue, the State efforts, the impact on schools and the community.

Christopher Welsh, MD  
Associate Professor, Psychiatry, University of Maryland School of Medicine

Toni Torsch  
Director, Daniel Carl Torsch Foundation
1:45-2:00 p.m.  **Break and Exhibits**

2:00-5:00 p.m.  **Workshop Sessions**

**WS5 – Childhood Lead Poisoning: Burden, Prevention, and Caring for Children in the School and Clinical Setting**
This session will allow participants to better understand the history of childhood lead poisoning, the current burden of lead poisoning, current regulations established for prevention and management of poisoning and the behavioral and academic effects of lead poisoning on children in schools.

**Clifford Mitchell, MD, MPH**
Director, Environmental Health Bureau Prevention and Health Promotion Administration

**Patricia McLaine, DrPH, MPH, RN**
Assistant Professor, University of Maryland School of Nursing
Specialty Director, Community Public Health

**Barbara Moore MSN, RN, CRNP**
Pediatric Nurse Practitioner, Mt. Washington Pediatric Hospital
Clinical Director of Lead Poisoning Program

**WS6 - Staff Wellness: Self-Care & Other Strategies to Reduce Stress in a Stressful Environment**
Explore the connection between self-care and physical and emotional wellness. Practice stress reduction techniques and self-care practices to keep you healthy and balanced despite workplace stress. Learn some of the great work being done around Maryland regarding staff wellness and overall school wellness.

**Kelsey Brayman, MPH, CHES**
Employee Wellness Specialist
Howard County Public School System

**Kristina Shelton, MS, CHES**
DC/MD/VA State Coordinator
Action for Healthy Kids

**WS7 - Using Data to Improve Quality and Sustainability - Part 1**
This presentation will focus on providing participants with some basic information on how data is currently used to monitor student progress and measure program quality. Discussion will also focus on how educators in both regular and special education can use build their own capacity to use and understand data as it relates to classroom, school, and district level quality

**Christopher L. Smith, PhD**
Director, Maryland Center for Developmental Disabilities, Kennedy Krieger Institute
Care Coordination Strategies in Pediatric Primary Care: For Children and Youth with Special Health Care Needs - Part 2

School health providers, especially school nurses, are in a unique position to contribute to the coordination of care for children and youth with special health care needs. This session will describe the impact their role can have, what care coordination with the pediatric patient centered medical home looks like, and address the strategies, skills, tools, personnel and measurement of it. Projects supporting care coordination, nationally and in Maryland, will be highlighted.

Mary Jo Harris, RN, MS
Maryland Department of Health and Mental Hygiene

WS8 – Alternative Response – Part 1

Alternative Response (AR) is the new approach to investigating child abuse and neglect in Maryland, AR was implemented in Maryland beginning July, 2013. Cases accepted for AR is determined by a variety of factors, including mandatory and discretionary disqualifying factors and are considered low risk. Case managers/social workers work collaboratively with families and provide services without the threat of a formal CPS finding. This approach enhances family stability through the provision of services.

Corine Mullings, LGSW
Social Services Administrator II-Policy Analyst
Maryland State Department of Human Resources
Social Services Administrator

Education Needs of Youth in Foster Care - Part 2

This presentation will focus on the variety of services available to children and youth who are in out-of-home placement. Attendees will deliberate the policy and the best practice connections with a focus on educational stability through a youth-centered, strength-based lens.

Angela Smith, LCSW
Policy Analyst
Maryland State Department of Human Resources
Social Services Administrator
Special SHIP Sessions  
Friday, August 5, 2016

8:00-8:30a.m.  **Registration and Continental Breakfast**

9:00 - 12pm  **Ethics and Social Media**  
Have you googled your name? Chances are your clients have. This training will help you become aware of your online presence and explore ethical implications in a tech savvy world. Social media is changing the game in how we interact with our clients. It is not enough to "not post" in social media outlets.

This engaging and enlightening training will help reduce the fear and give you real world practical strategies that you can use to become social media savvy. Learn how to protect your online presence by reviewing current trends in social media and examining the mental health field's ethical standards for best practices in clinical work. Become aware of your responsibilities regarding privacy and boundaries while reviewing new information on this mode of communication that is here to stay.

Presenter: Samara Stone LCSW-C  
CEO & Founder  
The Stone Foundation, LLC

8:30- 4:30pm  **Helping Administer to the Needs of the Student with Diabetes in School (H.A.N.D.S. SM)**

H.A.N.D.S. SM Objectives (summarized):
1. Summarize current knowledge and guidelines related to diabetes and diabetes management at school.
2. Identify the school nurse’s role in developing and maintaining a student’s individualized healthcare plan for safe, effective diabetes management at school.

Description:
H.A.N.D.S. SM is an educational program developed by the National Association of School Nurses. Course materials include a H.A.N.D.S. SM participant manual and numerous resources to support school nursing practice as it relates to diabetes management. A completed evaluation and full day attendance are required for 6.5 CNE contact hours to be awarded.

Contact person is Danielle Harris at dharris@nasn.org or 240-247-1634 or Sarah Butler, NASN Director of Diabetes and Nursing Education at sbutler@nasn.org.
CONTINUING EDUCATION
This conference is sponsored by The Center for School Mental Health, University of Maryland School of Medicine. Credit is awarded on a session by session basis, with full attendance required.

Attendees
A certificate of attendance will be available for attendees. To receive this certificate, attendees must sign in at the beginning of both days, attend the entire conference and complete the evaluation.

Counselors
The University of Maryland is an approved sponsored of the Maryland Board of Examiners of Professional Counselors and Therapists for continuing education credits for licensed professional counselors and therapists in Maryland.

Health Educators
This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 16 total Category I contact education contact hours. Maximum advanced-level continuing education contact hours available are 0. The program ID is 26537.

Nurses and Physicians
Physicians, PA-C’s & CRNP’s – see the enclosed list. There is also a Certificate of Attendance available. Nurses can also receive 6.5 CNE contact hours for attending the Diabetes Training.

St. Agnes Healthcare, Inc. designates this live activity for a maximum of 16 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners of Psychologists for continuing education credits for licensed psychologists in Maryland.

Social Workers
The University of Maryland School of Medicine is an approved sponsored of The Maryland Board of Examiners for Social Workers for continuing education credits for licensed social workers in Maryland.

Continuing Education Hours
- Wednesday, August 3, 2016 up to 6.00 hours
- Thursday, August 4, 2016 up to 7.00 hours
- Friday, August 5, 2016 up to 3.00 hours (Ethics Session)
Physicians, PA-C’s & CRNP’s:

**CME Accreditation:**
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Agnes HealthCare, Inc. and the Center for School Mental Health. Saint Agnes Healthcare, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

**CME Designation:**
Saint Agnes Healthcare, Inc. designates this live educational activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Presenter Disclosure:**
The Speakers state that they do have relevant financial relationships with commercial interests and will not be discussing “Off-Label” uses of products or devices.

*Dr. Evans* states that he does have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

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*Dr. Beers* states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

*Ms. Booker* states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

*Ms. Brayman* states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

*Ms. Celnik* states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

*Dr. Cheng* states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

*Dr. Mitchell* states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.
Ms. Moore states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Mullings states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Mr. Page states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Scherr states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Shelton states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Simmons states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Mr. Slade states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Smith states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Smith states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Stone states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Torch states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Welsh states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.
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Ms. Booker states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. De Pinto states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Johnson states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Hess-Mutinda states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Huntley states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Lever states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Lockett states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. McCree-Huntley states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Mezu states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Obst states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Paul states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Penniston states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Schoo states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Smith states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Stocksdale states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.
Sylvia McCree-Huntley, MS  
Doctoral Candidate  
Director, Professional Development and Continuing Education, Center for School Mental Health  
Outreach and Education Lead, Maryland Healthy Transitions  
University of Maryland School of Medicine  
Baltimore, MD

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Social Services Administrator

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DHR/SSA  
Program Manager Substance Exposed Newborns  
Baltimore, MD

A special thanks to the CSMH’s Summer intern, Te’a Brown!