



15th Annual School Health Interdisciplinary Program

Innovation in School Health: Expansion, Coordination, and Practice Advancement

Thursday, August 6-7, 2015

Radisson Hotel

Timonium, Maryland

Sponsored by:

The Center for School Mental Health
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

Division of Student, Family, and School Support
Maryland State Department of Education

Office of School Health
Maryland Department of Health and Mental Hygiene

Maryland Department of Juvenile Services

Maryland Department of Human Resources
Social Services Administration

Co-Sponsored by:

Maryland State School Health Council



This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of Saint Agnes Healthcare, Inc. and Center for School Mental Health. Saint Agnes Healthcare, Inc. is accredited by MedChi, the Maryland State Medical Society, to sponsor continuing medical education for physicians.

Celebrating 15 years of school health interdisciplinary training programs in Maryland!



Thursday, August 6, 2015

7:30a.m.-8:45a.m. **Registration, Exhibits, and Continental Breakfast**

8:45a.m.-9:00a.m. **Welcome and Introductions**

Sylvia McCree-Huntley, MS

Training Manager, Center for School Mental Health
University of Maryland School of Medicine

Sharon Stephan, PhD

Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine

Richard D. Scott, DMin, MEd, LCPC

School Counseling Specialist
Maryland State Department of Education

Alicia L. Mezu, MSN/Ed, BSN, BSc, RN

Conference Co-Chair
Health Services Specialist
Maryland State Department of Education

9:00a.m.-9:30a.m. **Welcome from State Agencies**

Kristina Kyles-Smith, CAGS

Assistant State Superintendent
Division of Student, Family, and School Support
Maryland State Department of Education

Howard Haft, MD, MMM, CPE, FACPE

Deputy Secretary of Public Health
Maryland Department of Health and Mental Hygiene

Jay Cleary, JD

Chief of Staff
Maryland Department of Juvenile Services

Tracey Paliath, Esq.

Deputy Secretary of Programs
Maryland Department of Human Resources
Social Services Administration

9:30a.m.-9:45a.m. **Break and Exhibits**

9:45a.m.-11:00a.m. **Plenary Session I**

Introduction by:

Alicia L. Mezu, MSN/Ed, BSN, BSc, RN
Conference Co-Chair
Health Services Specialist
Maryland State Department of Education

21st Century School Nurse Framework

This session will review the 21st century school nurse framework and will consider how it relates to innovation, best practice, and sustainability in the school health field.

Donna Mazyck, MS, RN

Executive Director
National Association of School Nurses (NASN)

Erin D. Maughan, PhD, MS, RN, APHN-BC

Director of Research
Robert Wood Johnson Foundation Executive Nurse Fellow
National Association of School Nurses

11:00a.m.-12:00p.m. **Plenary Session II**

Introduction by:

Jacqueline C. Powell, LGSW
Education/Health Specialist
Maryland Department of Human Resources/Social Services Administration

Understanding and Collecting Uniform Data

This plenary session will highlight the role of uniform data collection in school health and will consider its relevance and importance to quality service provision.

Erin D. Maughan, PhD, MS, RN, APHN-BC

Director of Research
Robert Wood Johnson Foundation Executive Nurse Fellow
National Association of School Nurses

12:00p.m.-12:45p.m. **Lunch**

12:45p.m.-1:45p.m. **Luncheon Plenary III**

Introduction by:

Cheryl Duncan De Pinto, M.D., M.P.H.
Conference Co-Chair, Medical Director, Office of Population Health Improvement
and the Office of School Health
Maryland Department of Health and Mental Hygiene

Finding and Sustaining Wellness in Schools

Dr. Gourdine translates extensive research into practical information and presents concrete steps for achieving a healthier lifestyle, as well as strategies for navigating the health-care system. Evidence-based strategies for health and wellness with a specific emphasis on serving underserved populations will be highlighted.

Michelle Gourdine, MD

CEO and Principal Consultant, Michelle Gourdine and Associates

1:45p.m. – 2:00p.m. **Break and Exhibits**

2:00p.m. - 5:15p.m. **Workshop Sessions**

#1 - Trauma Informed Care for Children and Families

This workshop session will present trauma-informed interventions for early childhood. The presenters will share their expertise in collaborating with and providing tools and resources for early education staff.

Brijan Fellows, LCSW-C

Senior Counselor

Taghi Modarressi Center for Infant Study

University of Maryland School of Medicine

Cate Kraper, PhD

Postdoctoral Fellow

Children's National Medical Center

Kate Wasserman, LCSW-C

Senior Counselor

Center for Infant Study: Secure Starts

Division of Child & Adolescent Psychiatry

University of Maryland School of Medicine

#2 – School Health Guidelines to Promote Healthy Eating and Physical Activity

This session provides those engaged in work to promote healthy eating, physical activity, and student wellness with an introduction to the evidence-based *School Health Guidelines to Promote Healthy Eating and Physical Activity*.

There are nine guidelines for promoting lifelong healthy eating and physical activity in schools. These guidelines support the 2010 Dietary Guidelines for Americans, the 2008 Physical Activity Guidelines for Americans, and the Healthy People 2020 objectives related to healthy eating and physical activity among children and adolescents, including associated school objectives. The Guidelines establish a foundation for developing, implementing, and evaluating school-based healthy eating and physical activity policies and practices for students in grades K-12, as well as providing strategies for mental health and social services related to chronic disease prevention.

Promoting healthy eating and physical activity is consistent with the fundamental mission of schools: Educating young people to become healthy, productive citizens who can make meaningful contributions to society.

Adelline Ntatin, MPH, MBIM, MA

Maryland Department of Health and Mental Hygiene

Sara Booker, MPH, RD, LDN

Maryland State Department of Education

#3 – Chronic Disease Management in Schools

This session will focus on chronic disease management in schools, such as asthma, anaphylaxis/food allergies and diabetes. Dr. Cogen will be available for an extended question and answer discussion on diabetes management at the conclusion of the session.

Michael H. Goldman, MD

Allergy & Asthma Center of Central Maryland

Virginia Keane, MD

Mt. Washington Pediatric Hospital

Fran R. Cogen, MD, CDE

Director, Diabetes Services

Director, Washington Nationals Diabetes Care Complex

Professor of Pediatrics

Department of Endocrinology and Diabetes

Children's National Health System

#4 – Professional and Ethical Considerations in Identifying and Treating Early Psychosis

Identifying specific ethical considerations when working with individuals experiencing symptoms of early psychosis can be challenging. There are best practice strategies and techniques for addressing those ethical concerns. This ethics' session will review competent treatment and attendees will gain an understanding of how the Maryland Early Intervention Program can provide support in meeting professional and ethical requirements. Ethic Certificates will be mailed after the conference.

Karen McNamara, Ph.D.

The Maryland Early Intervention Program



Celebrating 15 years of school health interdisciplinary training programs in Maryland!

Friday, August 7, 2015

7:30a.m.-8:25a.m. **Registration, Exhibits, and Continental Breakfast**

8:25a.m.-8:30a.m. **Welcome and Introductions**

8:30a.m.-9:30a.m. **Plenary Session IV**

Introduction by:

Kay Schoo, RN

Director of Nursing

Maryland Department of Juvenile Justice

Mindfulness and School Health

This keynote presentation will discuss the concept of mindfulness, including its research support and relevance to school health.

Tamar Mendelson, Ph.D.

Associate Professor

Johns Hopkins Bloomberg School of Public Health

9:30a.m.-10:30a.m. **Plenary Session V**

Introduction by:

Erin Penniston, MSW

Community Transformation Grant Program Manager

Center for Chronic Disease Prevention and Control

Maryland Department of Health and Mental Hygiene

Screening, Brief Intervention, Referral to Treatment (SBIRT)

Attendees will learn about SBIRT, how it is used in Maryland and how a new project is bringing SBIRT into the school setting.

Marla Oros, RN, MS

The Mosaic Group

10:30a.m.-10:40a.m. **Break and Exhibits**

10:45a.m.-12:00p.m. **Plenary Session VI**

Introduction by:

Richard D. Scott, D.Min., M.Ed., LCPC

School Counseling Specialist

Maryland State Department of Education

Telemedicine: The Future is Now

This session will feature the Howard County Health Department's School Based Wellness Center Telemedicine Program and the challenges faced in starting a program from conceptualization to seeing patients within a 9 month period. The nuts and bolts of establishing a program, the required technology and staff training, and lessons learned will be discussed.

Telemedicine: The Future is Now Panelists:

Sharon Hobson, R.N., M.S.N., C.R.N.P.

School Based Wellness Center Administrator
Howard County Health Department

Kristen Self, R.N., B.S.N.

School Nurse
Running Brook Elementary School

Kerrie Wagaman, R.N., M.S.N.

Health Services Coordinator
Howard County Public School Systems

Marva Dickerson, R.N., B.S.N.

Child Health Program Supervisor
Howard County Health Department

John Korangy, M.D., M.P.H.

CareClix Telemedicine

12:00p.m.-12:30p.m. **Networking Luncheon**

12:30p.m.-12:45p.m. **Break and Exhibits**

12:45p.m.-1:45p.m. **Plenary Session VII**

Introduction by:

Judi Lockett RN

Program Manager for School Based Health
Baltimore Medical System

Psychiatric Consultation in Schools

This keynote session will consider the potential roles and optimal utilization of child and adolescent psychiatrists in school health.

Joyce Nolan Harrison, MD

Assistant Professor
Child and Adolescent Psychiatry
Johns Hopkins Children's Center

Billina Shaw, MD

Assistant Professor
University of Maryland School of Medicine
Division of Child and Adolescent Psychiatry

1:45p.m.-2:00p.m. **Break and Exhibits**

2:00p.m.-4:00p.m. **Workshop Sessions**

#5 – Psychotropic Medicines

This workshop will consider the use of psychotropic medication in children and adolescents. Participants will learn about state-of-the-art practice by disorder type and have the presenter answer their pressing questions.

Joyce Nolan Harrison, MD

Assistant Professor
Child and Adolescent Psychiatry
Johns Hopkins Children's Center

#6 - Gang Awareness

Education is the key to recognizing gang activity and its effect on children and adolescents. This workshop will discuss gang member communication, graffiti, hand signs, colors, tattoos, as well as how to recognize gang activity within the school setting.

Lisa LaPrade

Director of Recreational Programming
C.H.A.M.P.S. Changing Habits And Making Progressive Strides
Maryland Department of Juvenile Service

#7 - Emergency Preparedness

This workshop will provide an overview of the preparedness concept and will consider its relevance for schools/school personnel. In addition, training opportunities and programmatic activities related to emergency preparedness in schools will be discussed. Mr. Clarke will provide an overview of the Maryland Center for School Safety. Discussion will include evidence on warning signs/indicators and will address key activities/planning for school staff protection in the event of an emergency.

Nicole Brown, MPH, Division Chief, Local Health

Office of Preparedness and Response
Maryland Department of Health and Mental Hygiene

Ed Clarke, Executive Director

Maryland Center for School Safety

#8 – SPECIAL SESSION FOR LOCAL SCHOOL HEALTH COUNCILS

This special session is offered for school health council teams to come together with state and local agencies and organizations to advance school health council planning and actions. Planning will prioritize and promote local action through building and strengthening multi-sector collaboration. Technical assistance and support will be provided during this session by state leaders.

Facilitators:

Alicia L. Mezu, MSN/Ed, BSN, BSc, RN, Maryland State Department of Education

Nancy Lever, PhD, Center for School Mental Health

CONTINUING EDUCATION

This conference is sponsored by The Center for School Mental Health, University of Maryland School of Medicine. Credit is awarded on a session by session basis, with full attendance required.

Attendees: A certificate of attendance will be available for attendees. To receive this certificate, attendees must sign in at the beginning of both days, attend the entire conference and complete the evaluation.

Counselors: Maryland Board of Examiners of Professional Counselors and Therapists for continuing education credits for licensed professional counselors and therapists in Maryland.

Nurses and Physicians: See the next page.

Psychologists: The University of Maryland School of Medicine is an approved sponsor of The Maryland Board of Examiners of Psychologists for continuing education credits for licensed psychologists in Maryland.

Social Workers: The University of Maryland School of Medicine is an approved sponsor of The Maryland Board of Examiners for Social Workers for continuing education credits for licensed social workers in Maryland.

DISCLOSURE STATEMENT: The Center for School Mental Health strives to ensure balance, independence, objectivity and scientific rigor in all of its educational programs. All presenters participating in this program have been required to disclose any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program. This includes relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. The intent of this policy is to identify openly any conflict of interest so that the attendees may form their own judgments about the presentation with the full disclosure of the facts. In addition, each presenter is expected to openly disclose any off-label, experimental or investigational uses of drugs or devices in their presentations.

Continuing Education Hours

Thursday, August 6, 2015 up to 6.25 hours

Friday, August 7, 2015 up to 6.25 hours

Physicians, PA-C's & CRNP's:

CME Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Saint Agnes HealthCare, Inc. and the Center for School Mental Health. Saint Agnes Healthcare, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

CME Designation:

Saint Agnes Healthcare, Inc. designates this live educational activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Presenter Disclosure:

The Speakers state that they do not have relevant financial relationships with commercial interests and will not be discussing "Off-Label" uses of products or devices.

Ms. Booker states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Ms. Brown states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Mr. Clarke states that he does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Mr. Cleary states that he does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Cogen states that she does have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Ms. Dickerson states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. De Pinto states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Mr. Fellows states that he does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Goldman states that he does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Gourdine states that she does have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Haft states that he does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Ms. Johnson states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Keane states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Korangy states that he does have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Dr. Kraper states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Ms. Kyles states that she does not have relevant financial relationships with commercial interest but will not be discussing "Off-Label" uses of products or devices.

Ms. LaPrade states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Lever states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Maughan, states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Mazyck states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. McNamara states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Mendelson states that she does not does have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Mezu states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Montgomery states that he does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices

Dr. Nolan-Harrison states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Ntatin states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Oros states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Paliath states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Self states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Shaw states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Wagaman states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Wasserman states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Planner Disclosure:

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Dr. .De Pinto states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Johnson states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Hess-Mutinda states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Huntley states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Dr. Lever states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Lockett states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Mezu states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. McCree-Huntley states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Penniston states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Powell states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Ms. Schoo states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.

Mr. Scott states that she does not have relevant financial relationships with commercial interest but will not be discussing “Off-Label” uses of products or devices.



Planning Committee

Cheryl Duncan De Pinto, MD, MPH

Conference Co-Chair
Medical Director, Child, Adolescent, and School Health
Office of School Health
Maryland Department of Health and Mental Hygiene
Baltimore, MD

Christine Evans Johnson, MA, CHES

State Adolescent Health Coordinator
Maternal and Child Health Bureau
Prevention and Health Promotion Administration
Maryland Department of Health & Mental Hygiene
Baltimore, MD

Rachel Hess-Mutinda, MSW, LGSW

Environmental Health Bureau
Maryland Department of Health and Mental Hygiene
Baltimore, MD

Christina Huntley, MS, MHS

Conference Assistant
Center for School Mental Health
University of Maryland School of Medicine
Baltimore, MD

Nancy Lever, PhD

Conference Co-Chair
Co-Director, Center for School Mental Health
Associate Professor, University of Maryland School of Medicine
Baltimore, MD

Judi Lockett RN

Program Manager for School Based Health
Baltimore Medical System
Baltimore, MD

Alicia L. Mezu, MSN/Ed, BSN, BSc, RN

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Sylvia McCree-Huntley, MS

Training Manager, Center for School Mental Health
Outreach and Education Lead, Maryland Healthy Transitions
University of Maryland School of Medicine
Baltimore, MD

Erin Penniston, MSW

Community Transformation Grant Program Manager
Center for Chronic Disease Prevention and Control
Maryland Department of Health and Mental Hygiene
Baltimore, MD

Jacqueline C. Powell, LGSW

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