

**The Center for School Mental Health  
University of Maryland School of Medicine**



*In collaboration with*

**The IDEA Partnership Funded by the Office of Special Education Programs (OSEP),  
Sponsored by the National Association of State Directors of Special Education (NASDSE)**

*Are pleased to announce*

**The 14<sup>th</sup> Annual Conference on Advancing School Mental Health**

**November 2-4, 2009**

***Theme: School Mental Health: Promoting Success for All Students***

**Location: Hilton Minneapolis Hotel**

**1001 Marquette Avenue**

**Minneapolis, MN**

## **12 Specialty Tracks**

- 1) Connecting School Mental Health and Positive Behavior Supports
- 2) Connecting School Mental Health with Juvenile Justice and Dropout Prevention
- 3) Education: An Essential Component of Systems of Care
- 4) Family-School-Community Partnerships
- 5) Improving School Mental Health for Youth with Disabilities
- 6) Learning the Language: Promoting Effective Ways for Interdisciplinary Collaboration
- 7) Psychiatry and Schools
- 8) Quality and Evidence-Based Practice
- 9) School Mental Health and Child Welfare
- 10) School Mental Health for Military Families
- 11) Social, Emotional and Mental Health in Schools
- 12) Youth Involvement and Leadership

**CONFERENCE OBJECTIVES: (need to revise these – need measurable goals/objectives)**

*Participants will learn about:*

- Implementing a full continuum of integrated approaches to reduce barriers to learning
- Building shared family-school-community system approaches
- Fully involving diverse stakeholders –youth, families, educators, community staff, policy makers and others in all aspects of this work
- Implementing and documenting progress of high quality and evidence-based services
- Enhancing policy, growing resources, and expanding programs and initiatives

# **CONFERENCE PROGRAM**

## **Monday, November 2, 2009**

### **Intensive Training Sessions: *Registration is open to all participants (1:30-5:00)***

1. Disobedient, Disruptive, Defiant and Disturbed Students: Behavioral Interventions for Challenging Students
2. Utilizing PBS in a Therapeutic, Educational Setting
3. Selecting, Training, and Supporting Paraprofessional to work with ED Youth in Inclusive Classrooms
4. Beginning with the End in Mind: Creating Shared Vision to Guide Effective Collaboration Families, Schools, and Communities Working Together for Student Success
5. Integrating School-based Health and Mental Health Care: Promoting Collaboration for Student Success
6. Embracing the Paradox: Fidelity, Adaptation, Cultural Relevancy and Evidence-Based Practices
7. Cultural Adaptations in the Implementation of a Manualized Social Skills Group
8. Improving Academic Outcomes: Building the Case for Quality, Evidence Based MH Strategies in Schools.
9. The Coordination Continuum: Building Infrastructure for Sustainable MH Programs and Services
10. Effective Social Marketing of SMH to Educational Leaders

## **Tuesday, November 3, 2009**

### **Practice Group Sessions: *Open to all participants (7:20-8:20)***

1. Connecting School Mental Health and Positive Behavior Supports
2. Connecting School Mental Health with Juvenile Justice and Dropout Prevention
3. Education: An Essential Component of Systems of Care
4. Family-School-Community Partnerships
5. Improving School Mental Health for Youth with Disabilities
6. Learning the Language: Promoting Effective Ways for Interdisciplinary Collaboration

**Keynote Address: Jordan Burnham, National Mental Health Awareness Campaign's Speaker's Bureau (8:30-9:30)**

**Break (9:30-9:40)**

**Conference Session I (9:40-10:40)**

1. SMH and Foster Care: A Training Curriculum
2. Shut Up About .....Your Perfect Kid: The Movement of Imperfect
3. Why Try? Innovative interventions that provide hope and motivate youth to overcome poverty, violence and failure
4. Policy: A Strategy for Cross Agency System Building and Making Shared Decisions
5. Meeting the mental health needs of students with emotional and behavioral challenges in school settings
6. Nursing and School Psychology: A Model for School-Based Collaborative Care
7. Illinois Statewide Family Leadership and Support Initiative - From Conception to Development
8. Getting better all the time: Promising evaluation strategies from a six-year evaluation of the San Francisco Wellness Initiative
9. Navigating the Barriers of Initiating & Providing a Preventative & Interventional Longitudinal Program for Families & Students of Head Start
- 10 Improving Health and Mental Health Literacy among Youth: A Four School Pilot Study

**Break (10:40-10:50)**

**Conference Session II: (10:50-11:50)**

1. School-Based Diversion Strategic Innovations from the Models for Change Mental Health/Juvenile Justice Action Network
2. A Framework of Support for Meeting Students Mental Health Needs in Schools and Communities
3. Cultural Considerations in School-Based Work with African American Adolescents with Emotional/Behavioral Concerns
4. It Works! Promoting Strengths and Success – Child and Family Teams from the Family's Perspective
5. Community-University Partnership
6. Some Secrets Should be Shared: Implementing an Evidence-Based Suicide Prevention Program in Your School
7. Universal Wellness Instruction
8. Using CBITS as a Tier II Intervention in an Integrated RTI-PBS Model in a Large Public School System
9. Effective Classroom programs for students with Autism Spectrum Disorders and Co-morbid Mental Health Concern
10. Addressing Trauma and its Impact on Development and Learning

**Lunch Break (11:50 – 12:15)**

**Community of Practice Training Session (12:15 – 1:15)**

1. Connecting School Mental Health and Positive Behavior Supports
2. Connecting School Mental Health with Juvenile Justice and Dropout Prevention
3. Education: An Essential Component of Systems of Care
4. Family-School-Community Partnerships
5. Improving School Mental Health for Youth with Disabilities
6. Learning the Language: Promoting Effective Ways for Interdisciplinary Collaboration
7. Psychiatry and Schools
8. Quality and Evidence-Based Practice
9. School Mental Health and Child Welfare
10. School Mental Health for Military Families
11. Social, Emotional and Mental Health in Schools
12. Youth Involvement and Leadership

**Break (1:15-1:30)****Conference Session III: (1:30 - 2:30)**

1. Secondary and Tertiary Supports for Youth with Emotional and Behavioral Disorders: Case Examples from New Hampshire
2. Creating School Environments to Promote Children's Emotional Regulation and Social Participation
3. Assessing interdisciplinary collaboration in school mental health programs: A tool or partnerships, researchers, evaluators, and funders
4. The Ka'Upena Project in Hawaii
5. Success with less: Using data to inform program decisions in troubling economic times
6. Clinical Consultation with Educators: A Resiliency Based Model
7. Lunch Line Connections and More: Adults Adopting Students in a Middle School Setting As a Means of Fostering a Sense of Connectedness
8. Addressing Disproportionality in Special Ed
9. Focus Groups: A Source for Guiding Program Development, Progress, and Evaluation
10. COP Dialogue

**Break (2:30-2:45)****Conference Session IV: (2:45 - 3:45)**

1. Integrating Positive Behavior Support and Outcomes Data into a School-based Mental Health Program
2. The Progressive Development of School Mental Health Following a Tragic School Shooting
3. Integrating Nonbillable Supportive and Consultation Services into a Sustainable Financial Model for School-based Mental Health Services
4. Toward an Understanding of External Placement Decision- Making for Students with Emotional and Behavioral Disorders
5. Strategies for Building Culturally Sensitive Family Involvement in SMH programs
6. Are psychotropic medications over prescribed for school children?

7. Moving School Mental Health Providers Toward Trauma-Informed, Evidence-Based Practice: A Model That Works
8. Army School Mental Health Team in Hawaii
9. Preparing Children and Parents During the Preschool Years for Positive Mental Health: The OCEAN In Head Start Model
10. Differential Utilization of Wellness Services Across Ethnicities: Risk Factor and Outreach Strategies for Engaging Chinese, Asian, and Pacific Islander Youth in MH Related Services

**Break (3:45-4:00)**

**Conference Session V: (4:00 – 5:00)**

1. The Family Check-Up: School Based Implementation to Reduce Aggressive Behaviors in Young Children
2. The Impact of School Behavior Problems and Mental Illness on School Dropout
3. A Unique Approach to Intensive Intervention for Students in Special Education
4. An Interdisciplinary Approach to Interventions with Individuals with Autism
5. Effective Parent Involvement in School Mental Health
6. A Framework for Implementing Evidence-Based Interventions effectively in Schools: Lessons Learned SSSH
7. From the Bottom Up: Collaborative Postvention Planning in Schools
8. Supporting Students with Early Symptoms of Psychosis to be Successful in Schools
9. Student Self-Injury: Meeting the Needs and Preventing Contagion
10. A Practical, Evidence-Based Approach to Youth Suicide Prevention: Results of a Three Year Program Development Effort

**Poster Board Session 5:30 to 6:30**

**Complimentary Networking Reception & Entertainment 6:30 to 8pm**  
*(Come... enjoy the entertainment and a taste of Minnesota food!)*

**Wednesday, November 4, 2009**

**Practice Group Sessions: *Open to all participants (7:20-8:20)***

1. Psychiatry and Schools
2. Quality and Evidence-Based Practice
3. School Mental Health and Child Welfare
4. School Mental Health for Military Families
5. Social, Emotional and Mental Health in Schools
6. Youth Involvement and Leadership

**Keynote Address: Dr. Bruce Chorpita, University of California, Los Angeles (8:30-9:30)**

**Break (9:30-9:40)**

**Conference Session VI (9:40-10:40)**

1. Reconnecting Student and Teacher Perceptions of School Rules: A Reasonable Proactive Behavior Management Strategy for Students with Challenging Behaviors
2. Teen Substance Abuse as a Risk Factor for Delinquency
3. Emotional and Behavioral Disorders and Social Maladjustment: Where Have We Come and Where are We Going.
4. Understanding the School-Based Perspective of the Green Acres Conflict: Farm Living vs. city life and the impact of geographic Location on School Climate
5. The DESSA: A New Assessment of Social Emotional Competencies
6. Student Support Leadership Initiative: Toronto Enhancing School and Children's MH Partnerships
7. School-Based Resilience: How an Urban Public High School Mitigates Risk and Promotes Students Social-Emotional Development and Academic Success
8. Students Creating a Culture of Success.
9. Integrating Mental Health and Education in Minnesota: Emerging Policy and Practice
10. Improving Educational Outcomes for Children with an FASD-A Collaborative Model

#### **Conference Session VII: (10:50-11:50)**

1. Instituting a Behavior Management Plan Using a Creative Arts Approach
2. Care Team: An Intervention Model for High Risk Students and Families
3. Closing the Gap - Together!
4. Changing the Terminology of Emotional Disturbance –
5. Mental Health and School Collaborative Partnerships
6. The Lessons Continue: Adapting Trauma-Focused, Evidence-Based Programs and Practices In Schools to Immigrant and Refugee Communities
7. Addressing Barriers to Learning for LGBT Youth
8. Integrating Mental Health and Education Systems
9. From the Chicken, the Pig, and the Pepper to Hmong Youth Self-Identity and Mental Health
10. Reducing Restraint and Seclusion in Schools: Combine with Policy and Advocacy Regarding Restraint and Seclusion

#### **Lunch, Awards (11:50 – 12:25)**

#### **Plenary Panel Presentation (12:25-1:25)**

#### **Conference Session VIII (1:25 – 2:25)**

1. Designing Integrated Interventions to Support Students with Asperger Syndrome
2. SB-care coordination to support academic success and prevent drop-out
3. Bridging the Gap Between Behavioral Analysis and Psychiatric Diagnosis
4. Dispensing Medication – Dispensing Controversies: Fact and Fiction on Child and Adolescent Psychopharmacology
5. The Fidelity/Flexibility Dance: Implementing Empirically Supported Interventions in Schools
6. Teaching Minute Online Strategy Training for Schools, Parents, and Communities
7. Quantitative and Qualitative Outcomes from the Healthy MINDS Program: A SB Dep. Awareness and Stigma Reduction Intervention for AA Youth
8. Building a Network of Support for Youth Empowerment
9. How to Talk to Suicidal Youth

10. Advancing Policy, Resources, Accountability, and Programming: Lessons Learned from SMH in Baltimore

**Break (2:25-2:35)**

**Conference Session IX (2:35 – 3:35)**

1. Development of School Based Behavioral and Primary Health Centers
2. SBMH Network Tied to Academic Success of Large Diverse, Urban Community Learning Centers
3. Creating parenting friendly school communities to support health, safety and success of our children
4. Trauma Focused-Cognitive Behavioral Therapy: Challenges and Solutions to Its Implementation in Schools
5. Introduction to School Mental Health Implementation Guide for Practitioners and Planners
6. Promoting Success for military children through a trauma informed school organization model
7. Understanding Trauma and its Impact on Learning
8. SBMH Initiative Using a Resource Coordinating Team Model
9. Reading, 'Riting, 'Rithmetic and Relationships: Social Emotional Learning in Schools
10. Learning the Language to Enhance Federal Collaboration for Children's MH and Academic Success

**Break (3:35-3:45)**

**Conference Session X (3:45-4:45)**

1. The College Years: Educational Resilience among First and Second Generation College Students
2. Creative Strategies for Development and Sustainability of School-Based Health and Mental Health Services: The Washington County Oregon SBHC Initiative
3. Programming Effectively for Transition Aged Students with Social, Emotional and Behavioral Challenges
4. Promoting Student Success Through Effective Interagency Collaboration
5. The Real World of Implementing and Sustaining Evidence-based Programs: Infrastructure and Resistances (Roadblocks)
6. Tracking the efficacy of school-based interventions
7. A Guide to Constructing Effective School Consultation Services
8. The Bullies and Bullied Know Best: Engaging Youth in Developing and Implementing a School-Based Bullying Prevention Program:
9. Stressors and Coping in the Lives of New Zealand Children
10. Enhancing the Professional Development of Future and Current School Mental Health Providers

## GENERAL INFORMATION

### Intended Audience

Counselors, educators, health educators, family therapists, nurses, physicians, psychologists, social workers, and other youth-serving professionals.

### CONTINUING EDUCATION

This event is co-sponsored by The Center for School Mental Health, *The Institute for Continuing Education, and the American Public Health Association (APHA)*. Credit is awarded on a session-by-session basis, with full attendance required for the sessions attended. The Conference offers a total of \_\_\_\_ contact hrs. ( November 2<sup>nd</sup> : \_\_\_\_ hrs; November 3<sup>rd</sup> : \_\_\_\_ hrs.; November 4<sup>th</sup> : \_\_\_\_ hrs. ) The processing fee is \$35.00 per person and may be included with registration by checking the appropriate box. Application forms for continuing education credit will be available on site. If you have questions regarding continuing education, the program, or for a listing of learning objectives by session, please contact *The Institute* at: 251-990-5030; FAX: 251-990-2665.

**Attendees:** A certificate of attendance will be available for participants. To receive this certificate, participants must sign in at the beginning of each day, attend the entire training and complete an evaluation.

**Counselors:** The Institute for Continuing Education is an NBCC approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education will award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for this program and its content NBCC Provider No. 5643.

**Health Educators:** The American Public Health Association (APHA) is accredited by the National Commission for Health Education Credentialing, Inc. to sponsor continuing education for Certified Health Education Specialists.

**Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The American Public Health Association and The University of Maryland School of Medicine. The American Public Health Association is accredited by the ACCME to provide continuing medical education for physicians.

**Psychologists:** The Institute for Continuing Education is an organization approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content. Not all sessions may be eligible for credit for psychology. The continuing education packet available at the CE desk at the Conference will list applicable sessions for psychology.

**Nurses:** The American Public Health Association/Public Health Nursing Section is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Social Workers:** The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education

maintains responsibility for the program. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal. ASWB Provider No. 1007.

**Florida Dept. Health, Division of Social Work, MFT, Counseling,** Provider No. BAP 255, expiration 03/09.

**Illinois Dept. Professional Regulation** License No. 159-000606.

**Ohio Counselor and Social Work Board** Provider No. RCS 030001.

**Alabama Board Social Work Examiners** Provider No. 0171.

**Skill Levels:** Due to the interdisciplinary nature of this Conference, skill levels have not been indicated. Conference participants are urged to review the program descriptions for selection of sessions that meet personal and professional goals.

**Non-Credit Events:** Continuing education credit is not offered for Board Meetings, Luncheons, Receptions, and Poster Sessions. If you have questions regarding non-credit events, please contact The Institute for Continuing Education, 251-990-5030.

### **Registration**

You may register online or by mail. Your registration is not complete until payment is received. The registration deadline is September 30, 2009. Registration forms postmarked or faxed after that date will be accepted on a space available basis. You may pay by personal check, money order, institutional check or credit card. If you are paying by institutional check, please include your registration form with a copy of your check request (please provide your institution a copy of your registration form to mail with the actual payment). We will confirm all registrations by email. If you register for the conference and cancel after the deadline date, you are still responsible for registration fees. Website: You can register on line at <http://csmh.umaryland.edu>

### **Group & Student Discount**

For groups of 5 to 9 a \$10 discount per registration is available. For 10 or more, a \$20 discount per registration. Registrations and payment must be received at the same time and no later than September 30, 2009, to be eligible for this discount.

### **Scholarships**

A limited number of scholarship funds are available to those who might otherwise not be able to attend the conference. To apply for scholarship assistance, fax your request to: Christina Huntley, BS, Center for School Mental Health, 737 West Lombard Street, Room 422, Baltimore, MD 21201; Fax 410-706-0984. Include name, contact information and a brief statement of the reason for your scholarship request, as well as an indication of how you will make use of the information gained at the Conference in your community. There will be a nominal fee to cover handouts, program booklet, food events, etc. The deadline for scholarship applications is July 15, 2009.

### **Special Discount for Journal Subscriptions**

Please note that the Center has entered into a collaborative partnership with the Clifford Beers Foundation to publish the new journal, *Advances in School Mental Health Promotion* (see

[www.schoolmentalhealth.co.uk](http://www.schoolmentalhealth.co.uk)). All conference attendees who subscribe to the new journal (and provide email documentation of subscription) will receive \$50 off the conference registration.

### **Lodging**

#### **Reserve your room early!**

A special room rate of \$189 per night for single and double occupancy, plus room tax, is available to conference participants. Reservations must be received by September 30, 2009, to ensure a room at this special rate. State that you will be attending the 14<sup>th</sup> Annual Conference on Advancing School Mental Health. **NOTE: The reserved room block may fill up before the deadline date of September 30, 2009.** Hilton Minneapolis, 1001 Marquette Avenue, Minneapolis, MN 55403, 1-888-933-5363; 1-612-76-1000, [www.minneapolis.hilton.com](http://www.minneapolis.hilton.com)

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### **Cancellations and Refund Policy**

A full refund, less a \$50 handling charge for cancellations will be granted. Refund requests must be made in writing by *September 30, 2009*. **No refunds will be granted after September 30, 2009.**

### **Conference Disclaimer**

The Center for School Mental Health (CSMH) at the University of Maryland School of Medicine does not endorse or approve any commercial products. While it is usually unnecessary, the CSMHA, reserves the right to substitute or cancel sessions.

### **American Disabilities Act**

If you require special accommodations to attend or participate in the 14<sup>th</sup> Annual Conference, please provide information about your requirements to CSMH (1-888-706-0980) at least 10 business days in advance of this event.

**Advancing School-Based Mental Health**  
November 2-4, 2009

**Intensive Training Sessions  
are included!**

(Please type or print)

Name (First): \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_  
Degree: \_\_\_\_\_ Social Security Number (needed for those applying for CEUs): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_  
Employer: \_\_\_\_\_ Position  
:  
E-mail: \_\_\_\_\_

**RSVP:**  Yes, I am planning to attend the reception on Tuesday, November 3, 2009

<b>Payment Registration Fees:</b>	<u>Early</u>	<u>Standard</u>	<u>Late</u>
Monday, Tuesday, and Wednesday (Fees include the Intensive Training Session)	\$475	\$500	\$525

<b>Student Fees:</b>			
Monday, Tuesday, and Wednesday (Attach a photo copy of your student ID to your registration form.)	\$250	\$275	\$300

**Early Bird** (postmarked before August 15)

**Standard Rate** (postmarked after August 15 - September 15)

**Late Fee** (postmarked after September 15)

**Discounted Rate:**

**Group discounts (must send in together)**

**Student Discounts (attached copy of student ID)**

**Accreditation Fee: \$35**

Continuing Education credit will be offered for the following professions: counselors, family therapists, health educators, nurses, physicians, psychologists, and social workers.

**Total Enclosed: \$** \_\_\_\_\_

**Register on-line...Methods of Payment**

Check/Money Order - Make check payable to:

University of Maryland Baltimore (Federal ID Number 52-6002036)

P.O. # (please attach purchase order) Payment must be received before August 15.

It is your responsibility to be certain that your agency pays **before** you arrive on-site at the conference.

**Paying by:**  American Express  Master Card  Visa

Account No.: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

V-Code (the last 3 digits on the back of the card) \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_  
Cardholder's Signature: \_\_\_\_\_

**Monday** (Please write in the session number for each choice)  
Intensive Training Session: \_\_\_\_\_

**Tuesday** (Please write in the session number for each choice)  
Practice Group Session: \_\_\_\_\_  
Conference Session I: \_\_\_\_\_  
Conference Session II: \_\_\_\_\_  
Community of Practice Training Session: \_\_\_\_\_  
Conference Session III: \_\_\_\_\_  
Conference Session IV: \_\_\_\_\_  
Conference V: \_\_\_\_\_

**Wednesday** (Please write in the session number for each choice)  
Practice Group Session: \_\_\_\_\_  
Conference Session VI: \_\_\_\_\_  
Conference Session VIII: \_\_\_\_\_  
Conference Session IX: \_\_\_\_\_  
Conference Session X: \_\_\_\_\_

**All registrations with payment are due upon receipt. Late registration will be accepted if space is available.**

Registration Center  
Advancing School Mental Health Conference  
1201 New Jersey Avenue  
Washington, DC 20001  
Phone: 202-624-1743

Christina Huntley, BS  
University of Maryland School of Medicine  
410-706-0980  
Email: [csmh@psych.umaryland.edu](mailto:csmh@psych.umaryland.edu)  
For Website registration, link to:  
<http://csmh.umaryland.edu>